



SREE NARAYANA COLLEGE

(Affiliated to the University of Calicut)
NAAC Accredited with B Grade

Erattakulam P.O, Alathur 678682

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www.sncollegealathur.ac.in



CRITERION: 3

**RESEARCH, INNOVATIONS AND
EXTENSION:**

EXTENSION ACTIVITIES

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CRITERION	3: Research, Innovations and Extension
KEY INDICATOR	3.4 Extension Activities
METRIC NO	3.4.1 Extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last five years.
FILE DESCRIPTION	<ul style="list-style-type: none">• Report of the activities and the list of students participated

EXTENSION ACTIVITIES 2017- 2018

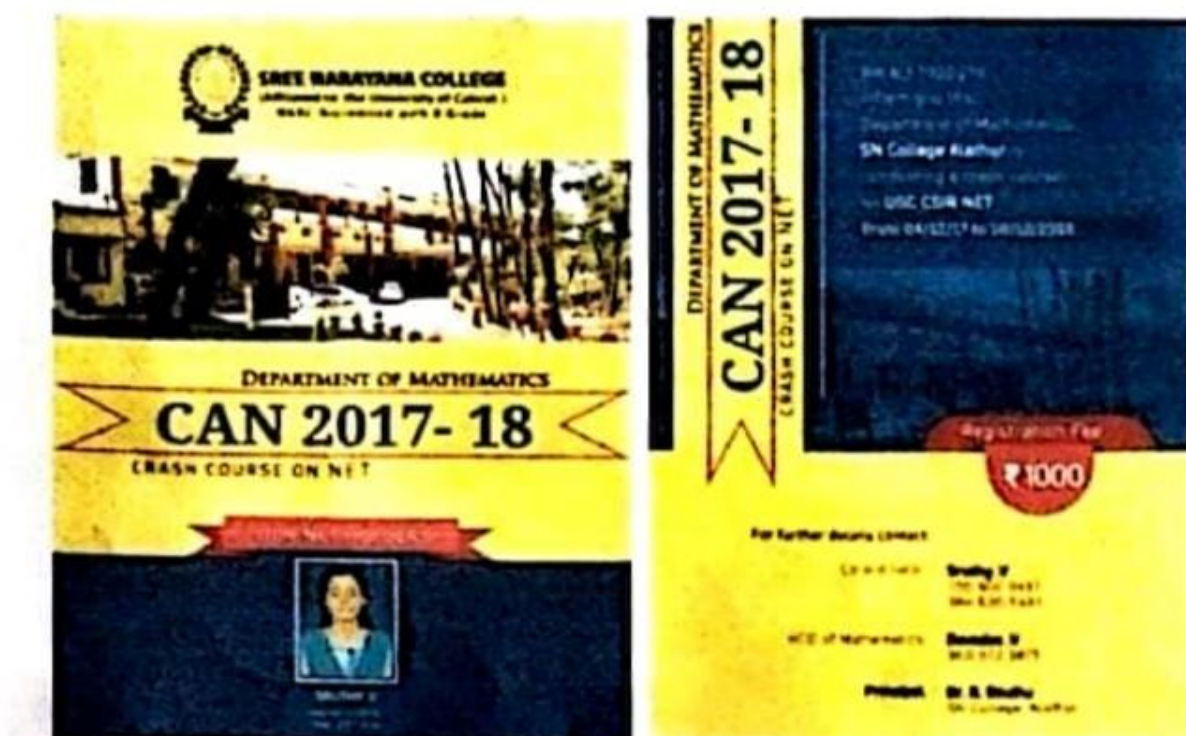
SAHAPADIKKORU VEEDU

THE NSS unit of Sree Narayana College Alathur banded together to build a home for one of their collegemate, Shilpa S, department of mathematics. The cost of construction was 5 lakhs.



NET SET JAM COACHING 2017-18

NET SET JAM COACHING for the year 2017-18 was inaugurated by Dr.E.N Sivadasan principal sree Narayana college Alathur ON 13/12/2017. Mrs K G Valasala head of the department presided the session and Devadas V felicitated. The programme was inspired by overwhelming results of previous years, in which many aspirants qualified. The classes were scheduled both online and offline on the weekends. The inaugural session was on set theory and algebra by Sruthy V net holder 2017 june. The classes continued till April and may and the sessions were handled by both internal and external faculties.



EXTENSION ACTIVITIES 2018-2019

1. BLOOD DONATION CAMP

A blood donation camp was organized in our college on 13-november 2018 by NSS in association with the HDFC Bank and NGO Blood donors, Kerala. The programme was inaugurated by Dr. Radhika of blood bank. Dr. E N Sivadasan, the principal delivered the presidential address.62 persons had registered for the event. HDFC bank sponsored the certificate and refreshment.



GROUND WATER RECHARGING

The NSS units of SN College, in collaboration with 'Disha', planned to implement ground water recharging units in various schools in Alathur. For the same a technical team from Centre for water Resources Development and Management (CWRDM), Calicut, under the guidance of Dr. Harikumar P. S, Head & Senior Principal Scientist, Water Quality Division visited our college on 21/12/ 2018 and trained our volunteers. The technical sessions were handled by Sri. Sasidharan Pallikudian, Technical officer, Construction & Maintenance Wing. 'Disha' is an initiative by Hon. MLA, Sri K.D Prasenan of Alathur legislative assembly, for enhancing the facilities in the public schools in his legislative assembly. Sri. V.J Johnson is the coordinator of 'Disha'.



ORGANIC FARMING

A seven-day residential camp for NSS volunteer was held at government UP School Puthiyangam from 22-12-2018 to 28-12-2018. As a part of their duties, they created vegetable garden in houses of fifth ward of Alathur taluk.

4. ANTI PLASTIC DRIVE

Sree Narayana college NCC cadets conducted anti plastic campaign from college to Erattakulam junction. The cadets removed more than 100Kg plastics within a 3 kilometers distance under swachatha Hai Sewa campaign.

5. TO ‘ DAIVADAN CENTRE ‘

SD and SW cadets visited ‘Daivadan centre’ (old age home) at Mangalam, Vadakkencherry on 11th January 2013 as a part of National Youth Day. Cadets have interacted with the orphanage inmates. They extended care and brought smiles on the faces of the inmates.

EXTENSION ACTIVITIES 2019-20

CAMPUS CLEANING

As the part of Shuchitha Kerelam mission, campus cleaning at S.N.College, Alathur and participation in cleaning camp at civil station, Palakkad by the NSS Volunteers were conducted.

MINI COMPOST PREPARATION

As the part of solid waste management, the NSS volunteers collected plant wastes from the college campus were used for making bio compost in the college campus.



3.AWARENESS CLASS ON PLASTICS

An awareness class on harmful effects of plastics on human was conducted to the public of Alathur by the NSS volunteers under the guidance of Mr. Jiju K R





WORLD FOOD DAY CELEBRATION:

World food day was celebrated on 16/10/19 by distribution of food from the **Food bank** of NSS unit of S.N College, Alathur. It was distributed to the Taluk hospital Alathur.





BIOCOMPOST PIT:

In collaboration with the Krishi Bhavan Alathur and Alathur Panchayath, Bio compost was prepared from Vegetable waste collected from the markets. This program intended to promote organic farming among the farmers of Kavassery and Alathur panchayat.



RIVERSIDE CLEANING:

Volunteers were involved in cleaning the nearby Thennilapuram, Gayathri river, and other nearby water bodies. Plastics were collected and assembled in the college.



PLASTIC WASTE MANAGEMENT:

Campus cleaning was done and plastic wastes were collected from the campus and the nearby localities and were handed over to the Alathur panchayath.



GROUND WATER RECHARGING

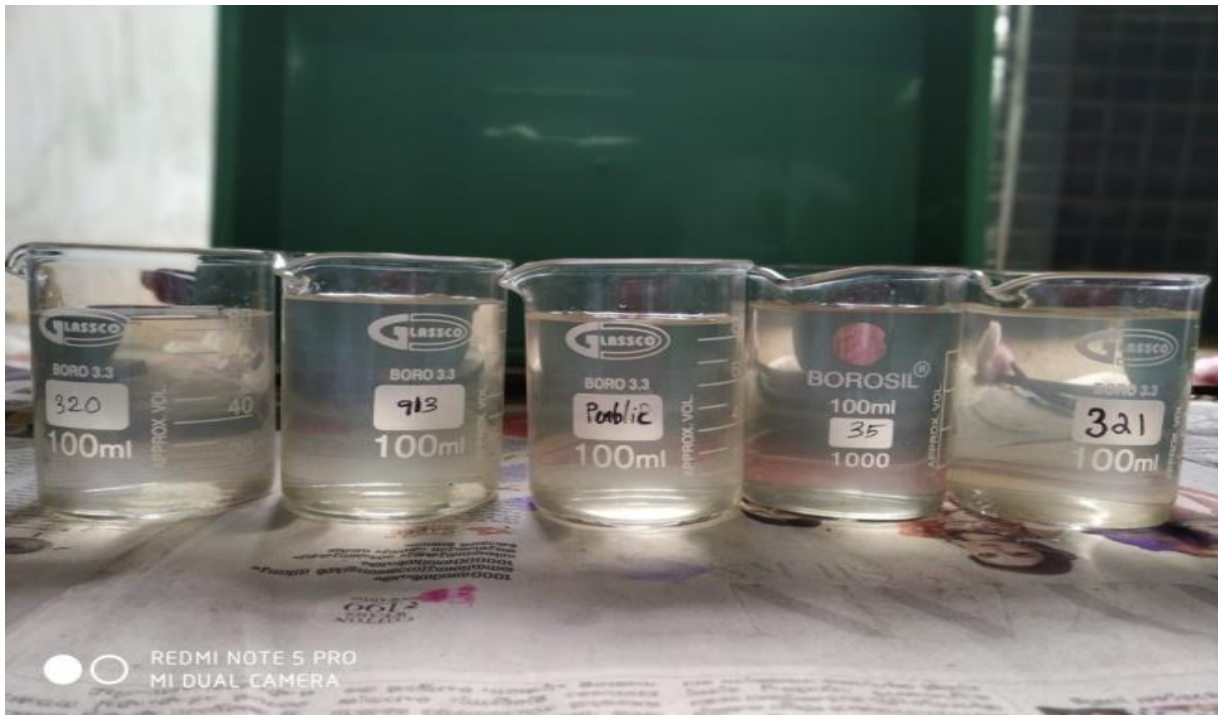
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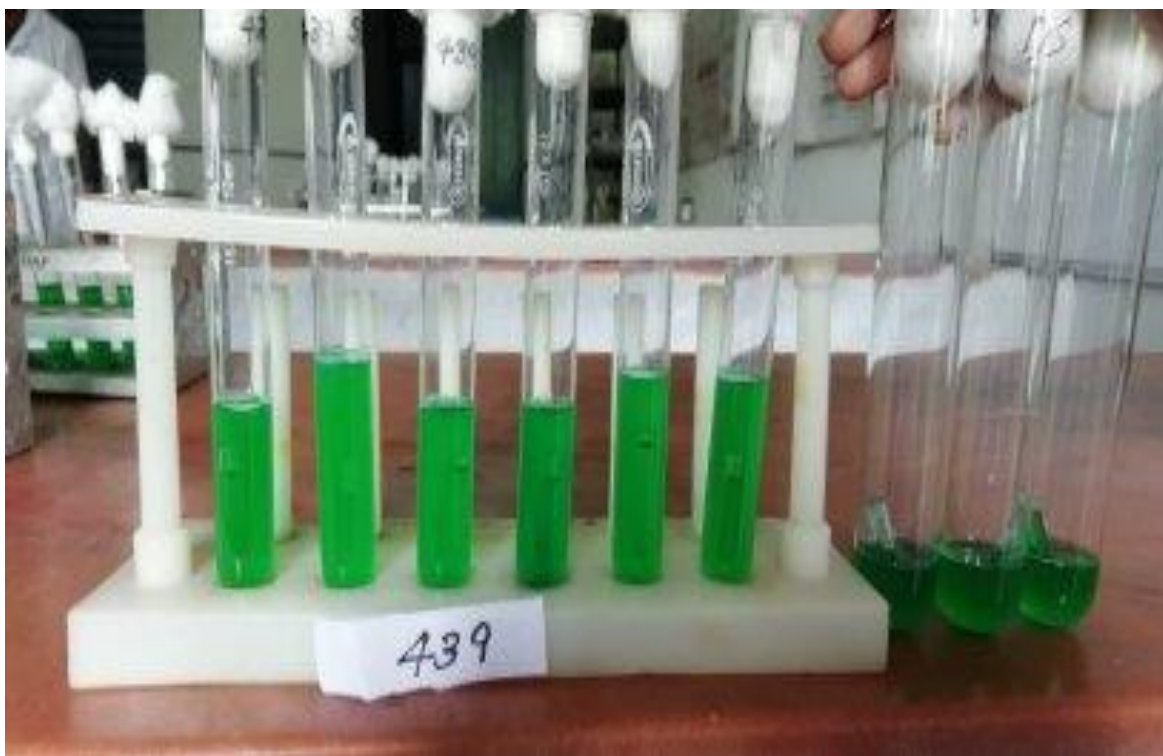


Water quality analysis

The department of microbiology of SN college Alathur conducted a study to analyze impact of flood on the potable water bodies with respect to Physico-chemical and microbiological quality. The samples of drinking water were collected directly from various Wells, Grama Panchayat water supply and bore well water in and around Alathur Gramapanchayat in order to check the quality and potability of the drinking water just after the floods and to create the awareness for the people with respect to steps and precautions to be taken for maintaining cleanliness and hygiene conditions of drinking water. The water samples were collected from different areas of Alathur Gramapanchayat and analyzed for their physicochemical parameters, pH, Most Probable Number (MPN) for checking the portability, as well as prevalence of

various water borne pathogens, indicators organisms of faecal contaminants using specific media.





SANITIZER MAKING

The NSS unit 117 & 37 of Sree Narayana College Alathur, took a powerful initiative to fight covid 19 pandemic on the month of July. The volunteers made sanitizers by their own and distributed it among the college staffs, public and themselves. This was their second initiative to stop the spread of pandemic, followed by the making of masks in the month of July. This programme extended form 30th July 2020 to 2nd august 2020 and went very successfully. Volunteers were self-aware and gave awareness to the public about the proper usage of sanitizers. They also took initiative to remove many misconceptions about the pros and cons of using sanitizers and did their best to bring it in appropriate ways.

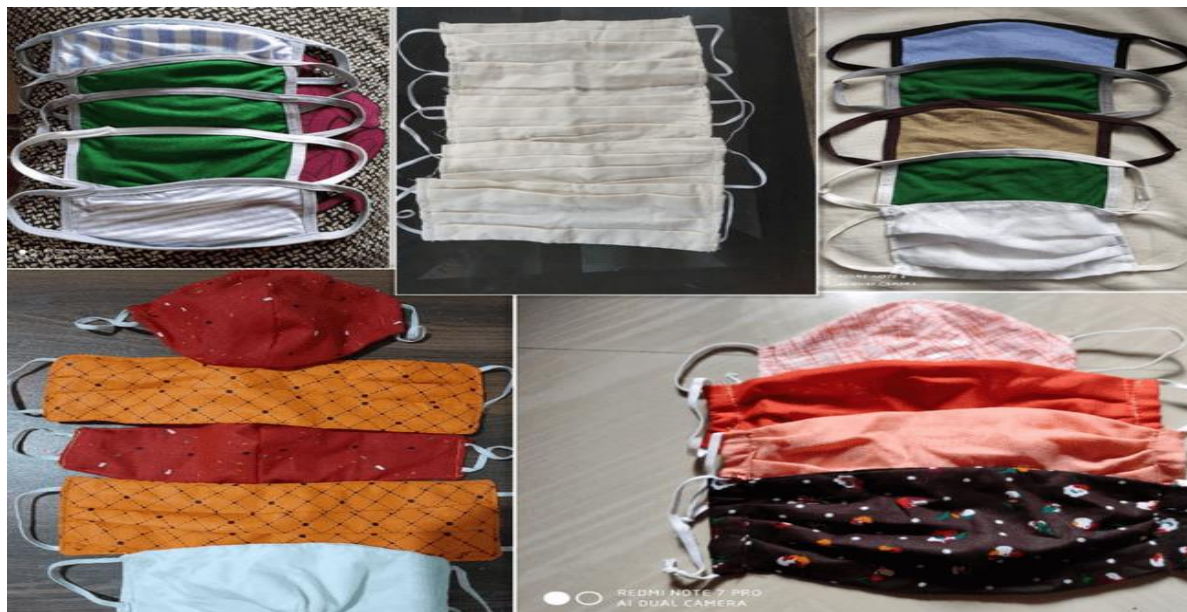


ANNUAL REPORT (JUNE 2020-MARCH 2021)

JUNE

MASK MAKING [12/06/2020 – 18/06/2020]

The NSS unit 117 & 37 of Sree Narayana College Alathur, conducted an improvised and relevant event program on the month of June titled '*OrmayodeMukhavaranam*'. The objective of the event was to suppress the deadly spread of Covid -19 pandemic. Wearing masks we the first and for most step to fight the pandemic and taking this into account ,in this event every NSS volunteer made essential handmade reusable masks and distributed them. The event extended from 12th June 2020 to 18th June 2020 and went successfully. The volunteers were able to give awareness to the public about the importance of wearing a mask in order to be safe and keep others sa



JULY

SANITIZER MAKING [30/06/2020 – 02/07/2020] The NSS unit 117 & 37 of Sree Narayana College Alathur, took a powerful initiative to fight covid 19 pandemic on the month of July. The volunteers made sanitizers by their own and distributed it among the college staffs, public and themselves. This was their second initiative to stop the spread of pandemic, followed by the making of masks in the month of July. This programme extended from 30th July 2020 to 2nd August 2020 and went very successfully. Volunteers were self-aware and gave awareness to the public about the proper usage of sanitizers. They also took initiative to remove many misconceptions about the pros and Cons of using sanitizers and did their best to bring it in appropriate ways.

August

(17.08.2020-21.08.2020)

17th -21st- 90% of our NSS volunteers have successfully registered in SANNADHASENA with high expectation about new service programs and experiences.

OCTOBER

Gandhi Jayanthi (02/10/2020)

On behalf of 'Gandhi Jayanthi', a poster-making competition was held on 02.10.2020 Friday among the NSS Volunteers with the **theme: Gandhian thoughts**. Poster-Making was conducted to spread the thoughts of Gandhiji among the minds of youth. A time limit till 5 pm was given to submit the posters made. Active participation from the volunteers was seen.



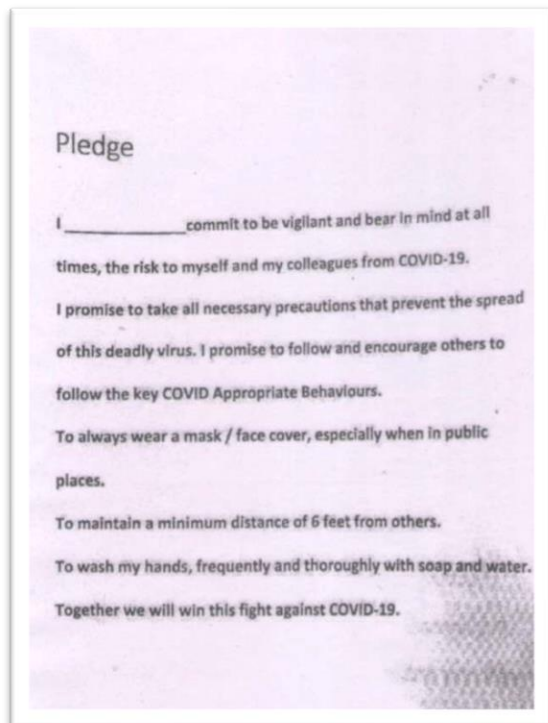
Covid-19: Stages of community spread and how to handle it.

(02/10/2020)

On 02.10.2020 Friday, a webinar on covid-19: stages of community spread and how to handle it have been conducted at 10.30. It was a one-hour program. The main aim of the webinar was to create awareness among the maximum number of people on - using and types of masks, sanitizers and to take precautions to prevent covid-19. As a result, volunteers were asked to hear the session with their family members. The webinar was conducted by some of the volunteers of NSS- Sneha. T. P, Alok Krishnan. K.S, Anumol. M, Midhul. A.K, Bavya. P, JishnaJayan, Arya. R and Shaniya. S. A complete co-operation from family members of the volunteers was witnessed.

Covid 19- Pledge (08/10/2020)

On 08.10.2020 Thursday, a pledge was taken on behalf of the present scenario of Covid-19 at 1.00 PM. NSS Volunteer, Abhinaya A.K, conveyed the pledge to everyone. The pledge was taken by all individual volunteers as a promise to take all necessary precautions that prevent the spread of the deadly coronavirus and to make others follow them too. A promise to follow all the Covid -19 protocols was also taken.



International Day of Girl child (08/10/2020)

On this day, 08.10.2020 Thursday, volunteers (girls) were instructed to take photographs with their parents or their siblings, and a few volunteers (boys) were instructed to write a caption conveying a message of saving a girl child. The care and love they got from their families were seen through the photographs. Entries were collected around 5.30PM on the day.

2020
NATIONAL SERVICE SCHEME
UNIT NO: 117 & 37
SREE NARAYANA COLLEGE, ALATHUR, PALAKKAD
Little girls with dreams will become women with vision.



INTERNATIONAL GIRL CHILD DAY
The most wonderful miracle of life is the girl child...

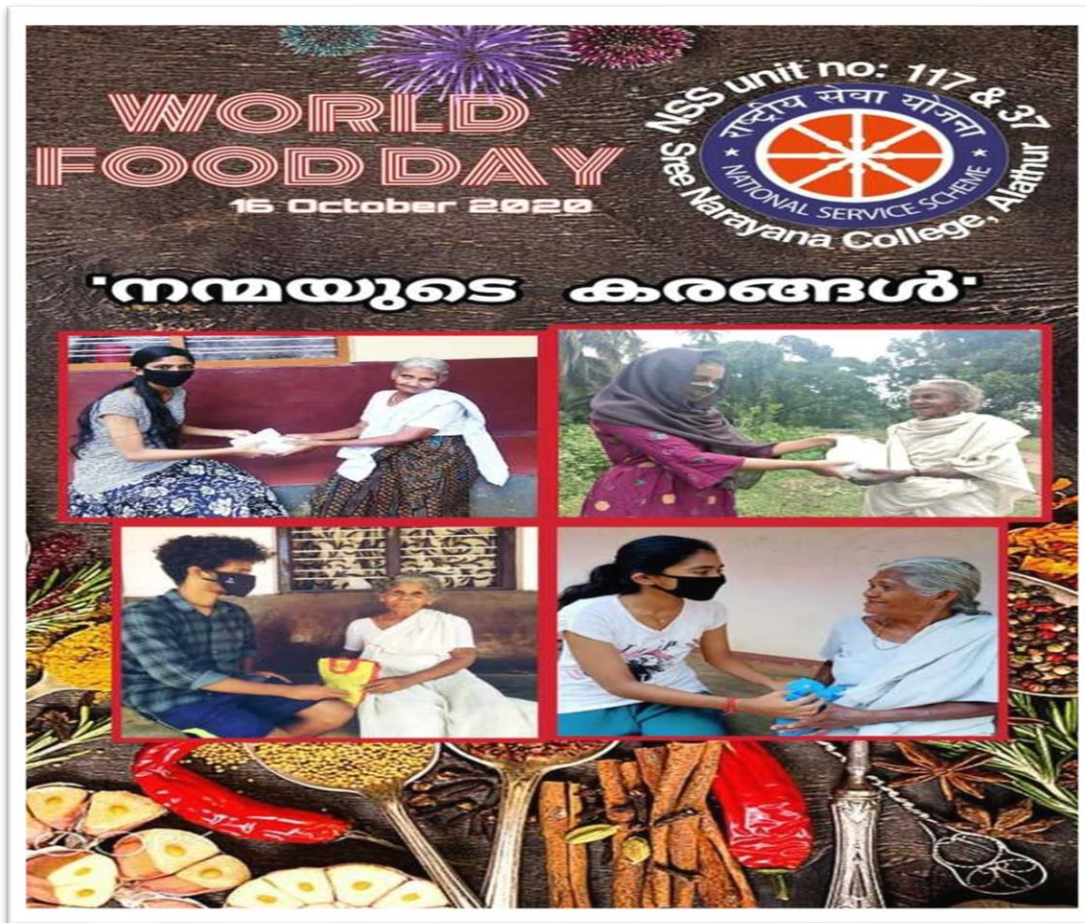
Hand washing Day (13/10/2020)

On 13.10.2020 Tuesday volunteers tried to spread the necessities of hand washing in their neighborhood as part of global hand washing day. Volunteers took hand sanitizers with them and gave it to the people in their neighborhood. Most of the volunteers actively took part in conveying the awareness of hand washing. All the volunteers strictly followed the Covid-19 protocols without any fail.



World Food Day (16/10/2020)

On 16.10.2020 Friday, volunteers who could step out of the house were instructed to distribute at least one lunch pack to those who are eager for food. Volunteers successfully distributed food packs to the people who had difficulty getting food and could become a part of their happiness. Volunteers distributed food packs and posted the photos in the given time.



Vigilance Awareness Week (29/10/2020)

On 29.10.2020 Thursday, a pledge was taken as part of the vigilance awareness week. The pledge was conveyed to everyone by NSS volunteer Sangeetha. S. The pledge was taken by every individual volunteer on believing corruption has been the major obstacle to the progress of the country and all the stakeholders need to work together to eradicate corruption and on realizing every citizen has to be honest and support the fight against corruption. Volunteers took the pledge to follow the law, to neither take nor offer a bribe, to perform all tasks honestly and transparently, to act in the public interest, to exhibit integrity in personal behavior, and to report any incident of corruption to the appropriate agency.

November Kerala PiraviDay 1/11/2020

As part of the monthly programs during the academic year 2020-2021 organized by National Service Scheme (N.S.S) unit 117 and 37 of sree Narayana college Alathur, the volunteers have conducted three major programs in the month of November 2020 on virtual mode On 1st November 2020 N.S.S volunteers celebrated Kerala Piravi Day with the active participation of all volunteers who were divided into 8 groups based on their departments. The participants

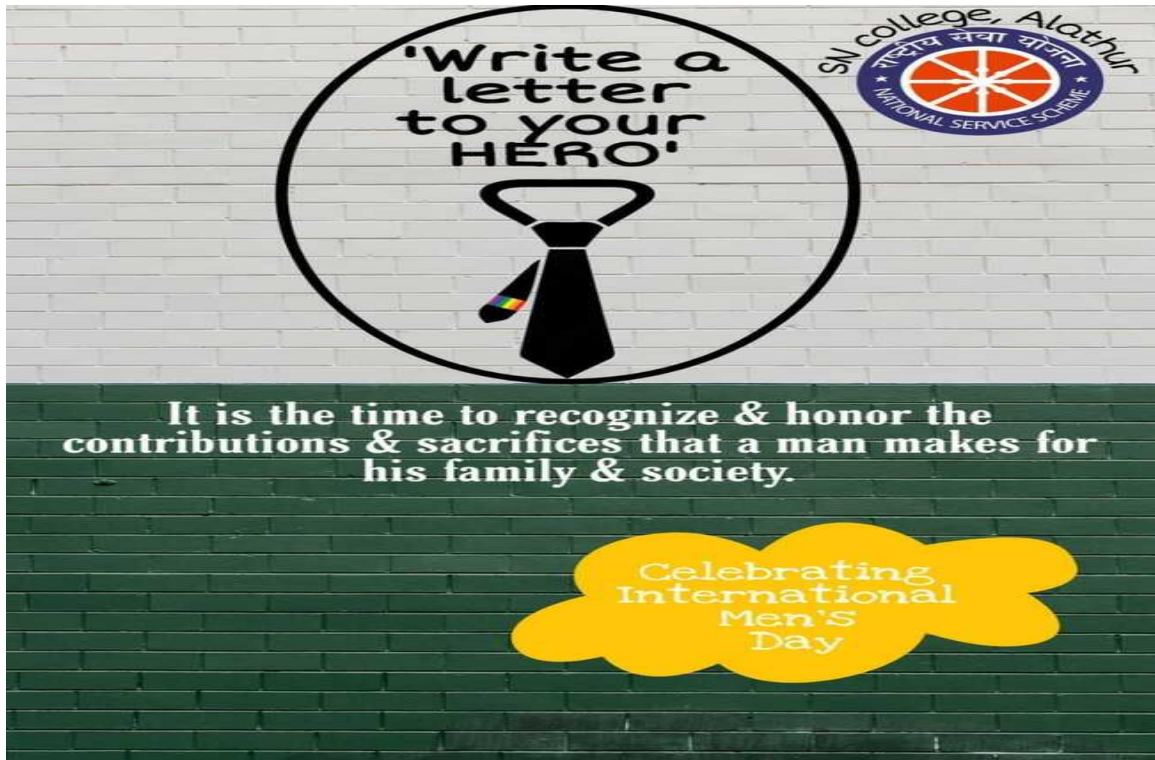
from each department did a digital makeover of some of the powerful personalities of Kerala. The responsible departments have created these make over photos and videos and posted on the main N.S.S group on 1st November. The event was successful with the active participation of the NSS volunteers and happy to state that 98% of the participants were girls and most of the boys were extended technical support. The program officers have appreciated and applauded the entire effort of the team. The department representative has marked attendance of the participants after posting all the videos.



International Men's Day 22/11/2020

On November 22nd N.S.S volunteers celebrated International Men's day with a theme "Write a letter to your Hero". Program officers announced the program details and N. S. S secretary posted program notice. Volunteers posted their letters in the main group. All the participants

took this opportunity to express their love and gratitude to their heroes. Half of the participants considered their father as Super-hero. Each letter reflected their love, respect, sadness and pride moments. N.S.S team meaningfully celebrated the international men's day and the program was concluded in the evening and representatives from each department marked the attendance and submitted to the program officers.



Indian Constitution Day - 26/11/2020

On November 26th N.S.S volunteers celebrated Indian Constitution Day with the theme, “Right are Straight”. Program officer Dr. Dhiva Madam announced the program details and posted notice on the main group. Program was conducted through Google meet at 2:30 pm, the link was shared by the N.S.S secretary at 2:15 pm. The participation of the volunteers were above 93% and the program started at 2:30 sharp with the support of program officers Dr. Dhiva Madam and Jiju Sir. The program was anchored by N.S.S secretary Mr.Midhul and started with his welcome speech. He invited N.S.S secretary Ms. Sneha to read preamble of the constitution. After that six volunteers introduced six fundamental rights. Right to equality by Ms. Amritha, Right to Freedom by Ms. Vishnavi, Right against Exploitation by Ms. Rasitha, Right to Freedom of Religion by Ms. Anju.R, Cultural and Educational Right by Mr.Irfan and Right to

Constitutional Remedies by Ms. Jishna. Soon after the presentation, the program officer Dr. Dhiva Madam gave a presentation about the importance to celebrate constitutional day and the value of fundamental rights. The program was concluded by official vote of thanks delivered by Ms. Abhinaya A.K. After the program, department representatives marked the attendance and submitted to the program officers.

N.S.S team successfully conducted three major programs in November. Each program was a good opportunity for all the volunteers to come forward and show their talents and courage. With good co-ordination and planning N.S.S team used the online mode effectively during the covid pandemic.



DECEMBER

NATIONAL SERVICE SCHEME CAMP 2020

(Held on 19th - 25th Dec) **'VOICE' SEVEN DAY VIRTUAL CAMP**

19 DECEMBER 2020



Day-01 Report

National Service Scheme of our college has inaugurated this years 'voice' seven day virtual camp on 19th December at 4pm the session was scheduled within 4pm till 6:30pm including program such as introduction by Sneha.T.P [Volunteer Secretary], welcome address by Dr.S.Dhiva [Program Officer] ,and inaugurated by Dr.R. Bindhu [Principal, SN College, Alathur] felicitation by IQAC coordinator V. Devadas HOD ,SN College Alathur followed by the vote of thanks by Midhul.A.K [Volunteer Secretary] the overall session was 100% successful with the maximum participation of all NSS volunteers.

20th December 2020

Day-02 Report

07.30-8.30 AM: The program was started with the recitation of our NSS prayer song by Megha. The session was made inspiring and beautiful by thought of the day which was presented by Aparna. Followed by the yoga practice conducted by Arunkumar. Yesterday's report was presented by Amritha. The full session was coordinated by Sreya KJ.

10.30-12.00 Noon: Today's offline activity was 'ജീവന്റെ വീത്ത്' (Agriculture), which aimed at planting saplings in our home. It was beautiful done by presenting pictures and videos by all NSS volunteers creating the day colorful. Planting one sapling means creating a life by us. It is one of the way you show your responsibility to the Mother Nature. Our NSS camp gave such a beautiful opportunity to us all.

3.00-3.45 PM: This awareness session about 'Success Mantra' was conducted by Associate Professor and Head of PG department of Zoology, SN College, Alathur, Dr. R. Nishi. The session coordinated by Sreya included programs such as welcome speech which was addressed by Athira, addressing by Dr. S. Dhiva(Program Officer) and vote of thanks presented by Priya. The overall session was really informative and inspiring. She made us think about the purpose of living, what we can do in order to attain success, where must we show tackles to breakup challenges etc...

07.00-08.00 PM: This cultural part was the most amazing and enjoyable session of the day. All NSS volunteers were highly thrilled and interested throughout the session. They grabbed the presence of mind of all volunteers.

21st December 2020

Day-03 Report

07.30-08.30 AM: The program was started with the recitation of NSS prayer song sung by Athulya TV. The session was made inspiring and beautiful by thought of the day which was presented by Sangeetha S. Followed by the Yoga practice conducted by Aparna K. Yesterday's report was presented by Aparna. The whole session was coordinated by SnehaBabu.

10.30-12.00 Noon: Today's offline activity was 'ഹരിതം' (Anti-plastic) which aimed at cleaning our surroundings. It is not enough to clean only ourselves... But we must ensure the

beauty of our mother nature. Her soul must smell up the freshness of love we spread. So this anti plastic session gave us a chance to show our token of love and peace with everything that surrounds us.

03-00-04.45 PM: This awareness session was conducted by Junior Public Health Nurse, FHC Vannamada, RatnaRajan , about 'Corona warriors untold stories.' The session coordinated by Abhinaya AK included programs such as welcome speech which was addressed by Manya M, addressing done by Dr. S. Dhiva (Programme Officer), and vote of thanks presented by Priyadharsini S. The need of the given topic is highly valuable at the present scenario. It is really important to keep ourselves safe. Through her way of presenting and sharing her experience made us understand more about this pandemic corona virus.

07.00-08.00 PM: The session was coordinated beautifully till end with various exciting programs. It was great platform to show all our talents and skills.

22nd December 2020

Day-04 Report

07.30-08.30 AM: The schedule highly coordinated by Sreya Krishna K started with our NSS prayer song sung by Bhavya P. Each day is a new beginning and it must start with positive start. It was ensured by a Thought of the day presented by Ganga G. The session was energized by some yoga practices such as neck bending, right and left twisting and bending of neck, Tadasana(Palm tree posture) , Vrksasana (The tree posture) by Aiswarya M. Last day's report was presented by Athulya TV, Abhinaya AK and Manya M.

10.30-12.00 Noon: This day's offline activity was 'കളിക്കൂട്ടുക' which aimed at spending time with children or our elders. In this busy world no one tries to spend time with their loved ones and really misses the real essence of our fruitful life. This one and half hour of offline activity created a beautiful opportunity to all volunteers go back to their traditional forms of games and talks with their loved ones.

03.00-03.45 PM: This day's awareness program was conducted by the volunteers itself. The topic was 'Growing plastic pollution in awake of covid-19 and Drug abuse'. The session related to covid -19 protocols and precautions was taken by Anjali R Reminding us about the worse conditions of plastic pollution and its methods of controlling Bhavya P came up with a beautiful

presentation. Shine Rapael has beautifully handled the session that focused about Drug abuse. The session was fully coordinated by Sneha S

07.00-08.00 PM: This day's cultural program was the real interesting part. They introduced various games that ensured the complete participation of all volunteers. Everyone was highly thrilled and excited throughout the session.

23rd December 2020

Day-05 Report

07.30-08.30 AM: The session was fully coordinated by Padmapriya S. The session started with our NSS prayer song sung by AarshaKannan followed by programs such as Thought of the day presented by AyishaNazrin KA, yoga practices such as Trikanosanam, Veerabhadrasanam, Parswakonasanam conducted by Ajay R.Sruthi M has explained the importance of food habits. Last day's newspaper report was presented by Vinaya V.

10.30-12.00 Noon: This day's offline activity was 'അതിജീവനത്തിന് പ്രൊത്യാശ' which aimed at making people aware about the present condition and the necessary precautions that has to be taken against this pandemic corona virus. Our safety is in our hands. So all volunteers created beautiful pamphlets regarding these points and distributed among their neighbors.

03.00-03.45 PM: Today's awareness session was conducted by Abdul Bassith A, civil excise officer, Palakkad Division. The session was related to Anti-drugs naming the program 'വിമുക്തി'. His class was really interesting and informative. He was able to grab all our minds to the topic, it is importance and need at the present scenario. The program included welcome speech presented by Anjali V, addressing by Dr. S. Dhiva (Program officer) and vote of thanks by DhurgaJ . The whole session was coordinated by Sruthy S.

07.00-08.00 PM: This day's cultural fest was started with a deep sound of silence and prayer to the renowned Malayalam Poet Sughathakumari who passed away at the same day morning. Everyone's mind was made calm by the upcoming programs were their enjoyment splashed colorful moments.

24th December 2020

Day-06 Report

07.00-08.00 AM :The session coordinated by Haritha H included programs such as NSS prayer song sung by Manasa R, followed by Thought of the day presented by Sreethu S Vas, and yoga practices such as Sun salutation, laughter yoga exercise conducted by Rinika A. The session came to an end with last day's report presentation by Sneha, Dhurga and Praveena.

10.30-12.00 Noon: This session was conducted at college on behalf of College Principal, Program officers, few volunteers. It was conducted for Bio compost distribution which was inaugurated by Ramla Usman, Alathur town ward member. The session coordinated by Vaishnavi S Kumar included programs such as welcome speech by Sneha TP, Felicitation and inauguration by Ramla Usman at 11.00 AM, addressing by Principal Dr. R. Bindu and NSS programme officer Dr. S. Dhiva. After the distribution ceremony vote of thanks was addressed by Jishna. The whole program was presented to all NSS volunteers lively through Google meet. It was also a survey report presentation at online by Jinsha S, with the coordination of Sreethu S Vas.

03.00-03.45 PM (4.15 - 5.00 PM): The session was anchored by Haritha H, followed by a welcome speech presented by Manya M. This awareness session was taken by Dr. RagnathParakkal, psychologist. It was completely an interactive session where he conveyed the importance of time to all the volunteers. Vote of thanks was presented by Anjali A.

07.00-08.00 PM: This last day before Christmas was really enjoyable and thrilling with the introduction of various mesmerizing games. There was complete participation of all NSS volunteers and our Program officers.

25th December 2020

Day-07 Report.

07.00-08.00 AM: This last day of our NSS camp of this year and Merry Christmas day 2020 has also started with our NSS prayer song by Amritha, Thought of the day presented by Sneha TP, Yoga practices such as leg stretching, core work out, 3 push-up variations conducted by Alok Krishnan KS, last day's report presented by Vandhana J, Anaswara N, sreepa S, session was fully coordinated by Vaishnavi S Kumar.

09.00-10.00 AM : In this session few volunteers Sruthi M, Surabhi S, Megha, Sneha TP, Midhul AK, Manya M, Abhinaya AK, Jasleema presented their feedback about our NSS camp. Report was also presented by Midhul AK. The session was beautifully winded up by our National song Jana GanaMana sung by Sneha TP and Amritha.



HIGHLIGHTS:

✓ Covid-19 Survey

✓ Offline activity- * ജീവൻറെവിൽ (Agriculture)

* Aimed at planting saplings in our home.

✓ Webinar - * Guest -Dr. R. Nishi - Associate Professor and Head of PG department of Zoology,

SN College, Alathur

* Topic - Success Mantra

✔ Offline activity - * ഹരിതം (Anti plastic)

* Aimed at cleaning our surroundings.

✔ College activity - * Cleaning and sanitizing.

✔ webinar - * Guest - RatnaRajan - Junior public health nurse, FHC vannamada

* Topic - Corona warriors' untold stories.

✔ Offline activity - * കുളിക്കൂട്ടുക

* Aimed at spending time with children or elders.

✔ webinar - * Conducted by Volunteers

* Topic - Growing plastic pollution in awake of Covid- 19 and drug abuse.

✔ Offline activity - * അതിജീവനത്തിന് പ്രയാശ

* Aimed at creating awareness on Corona Virus.

✔ Webinar - * Guest - Abdul Bassith W - Civil excise officer, Palakkad Division.

* Topic- വിമുക്തി (Anti-drug)

✔ Offline activity - * Survey report presentation.

✔ Offline at college - * Guest - Ramla Usman - Alathur town ward member.

* Bio compost distribution.

✔ Webinar - * Dr. RegunathParakkal - Consultant - Counselling Psychologist.

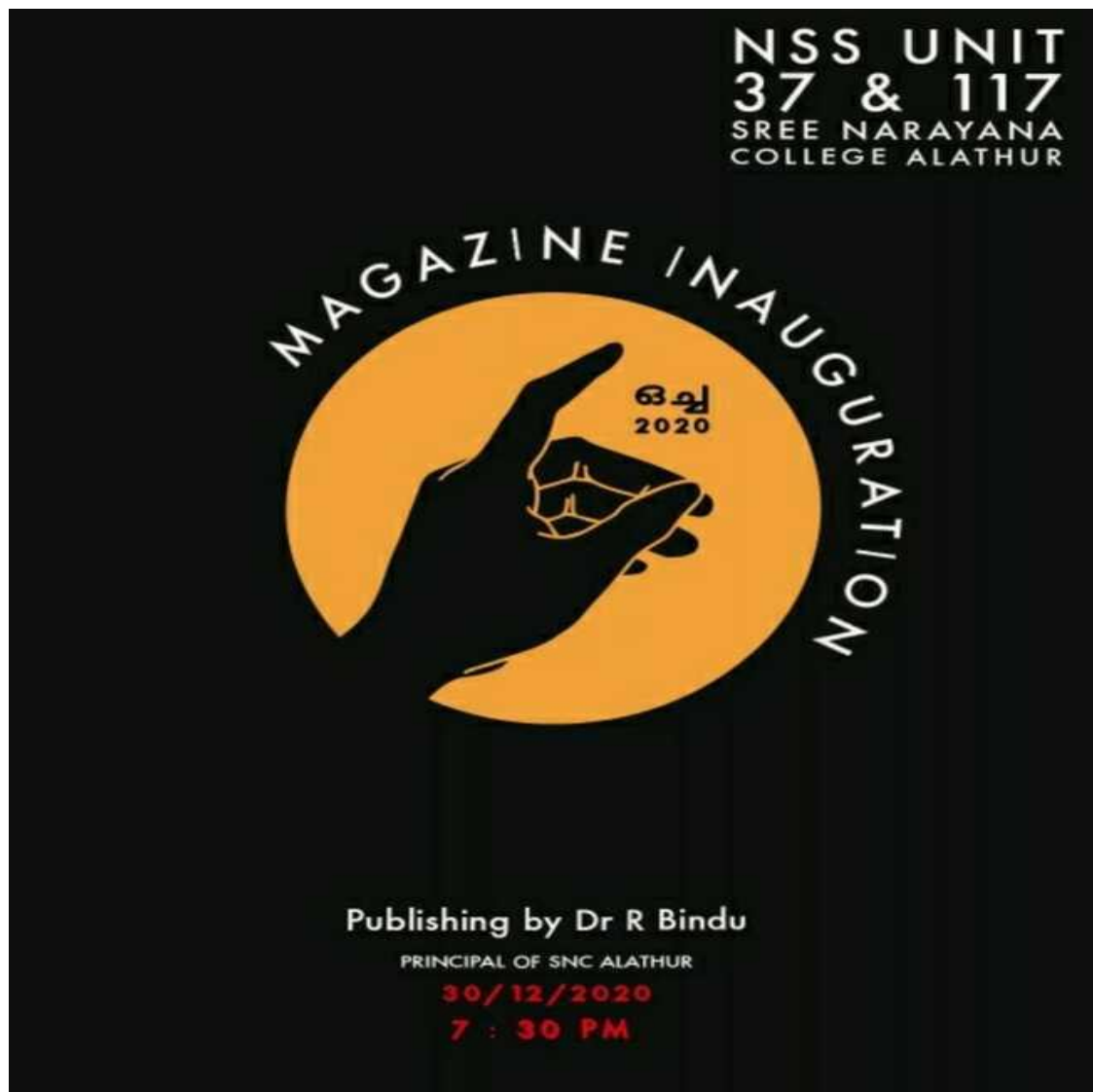
* Topic - Time and you.

✔ Poverty eradication program is still continuing

MAGAZINE INAUGURATION (Held on Dec 30th)

National Service Scheme of our college has inaugurated our NSS magazine 2020 on behalf of NSS program officers, NSS volunteers and representatives on 30th Dec 2020 at 7.30pm in virtual mode. The name of the magazine 'Voice' itself indicates the sound of all talented NSS volunteers of our college. Though it was held at online, there was a complete participation of all NSS volunteers throughout the session.

The magazine included articles such as essays, poems, stories, drawings, painting etc.... It was completed within a short period of time with the maximum participation and coordination of magazine committee and other contributors.



JANUARY

As part of the monthly program during the academic year 2021-22 organized by National Service Scheme (NSS) unit 117 & 37 of SREE NARAYANA COLLEGE ALATHUR, the volunteers have conducted 2 major programs in the month of January 2021 on virtual mode and 1 offline mode program 'DESHIYA POLIO NIRMAJANA YANJAM 2021'. The virtual mode programs were named as introduction meet "REUNIRSE", and "REPUBLIC DAY" conducted under the supervision and guidance of program officers Dr. Dhiva and Mr. Jiju KR.

The details of the programs are detailed below

REUNIRSE (17-1-2021)

On 17th Jan 2021, our NSS unit of SREE NARAYANA COLLEGE ALATHUR conducted the first introduction meet-'REUNIRSE'.

Due to the covid-19 issue, meet was held in a virtual mode. Our platform was Google meet at 10:30am. firstly our respected program officers Dr. S Dhiva and Jiju sir give an awareness about the serious responsibility as being a NSS volunteer. After that our unit secretaries, Midhul and Sneha give an insight as a NSS volunteer and they shared their best experience. At last, they give an opportunity to the new volunteers to speak up. The meet was so motivational. The presence of program officers, unit's secretaries, all NSS representatives and volunteers makes the meet more knowledgeable.



REBUPLIC DAY (26-2-2021)

NSS of our college has celebrated "REBUPLIC DAY" on "2021 January 26". We have conducted "India The Land of Diversities" webinar on Jan 26. Webinar was conducted on 8am on virtual mode on behalf of all NSS volunteers and program officers Diva mam and Jiju sir. And also we have conducted a poster making competition on the topic "One Nation, One Vision, One Flag, My incredible India". The webinar session was completely knowledgeable that gave us value about our Indian History and Freedom fighters. NSS volunteers celebrated the session with wonderful patriotic song. The poster competition was also ended very well. We celebrated Our Republic Day even though after being surrendered to online life in this covid-19 time with complete participation of our volunteers.



DESHIYA POLIO NIRMAJANA YANJAM (30-1- 2021, 1-2-2021, 2-2-2021)

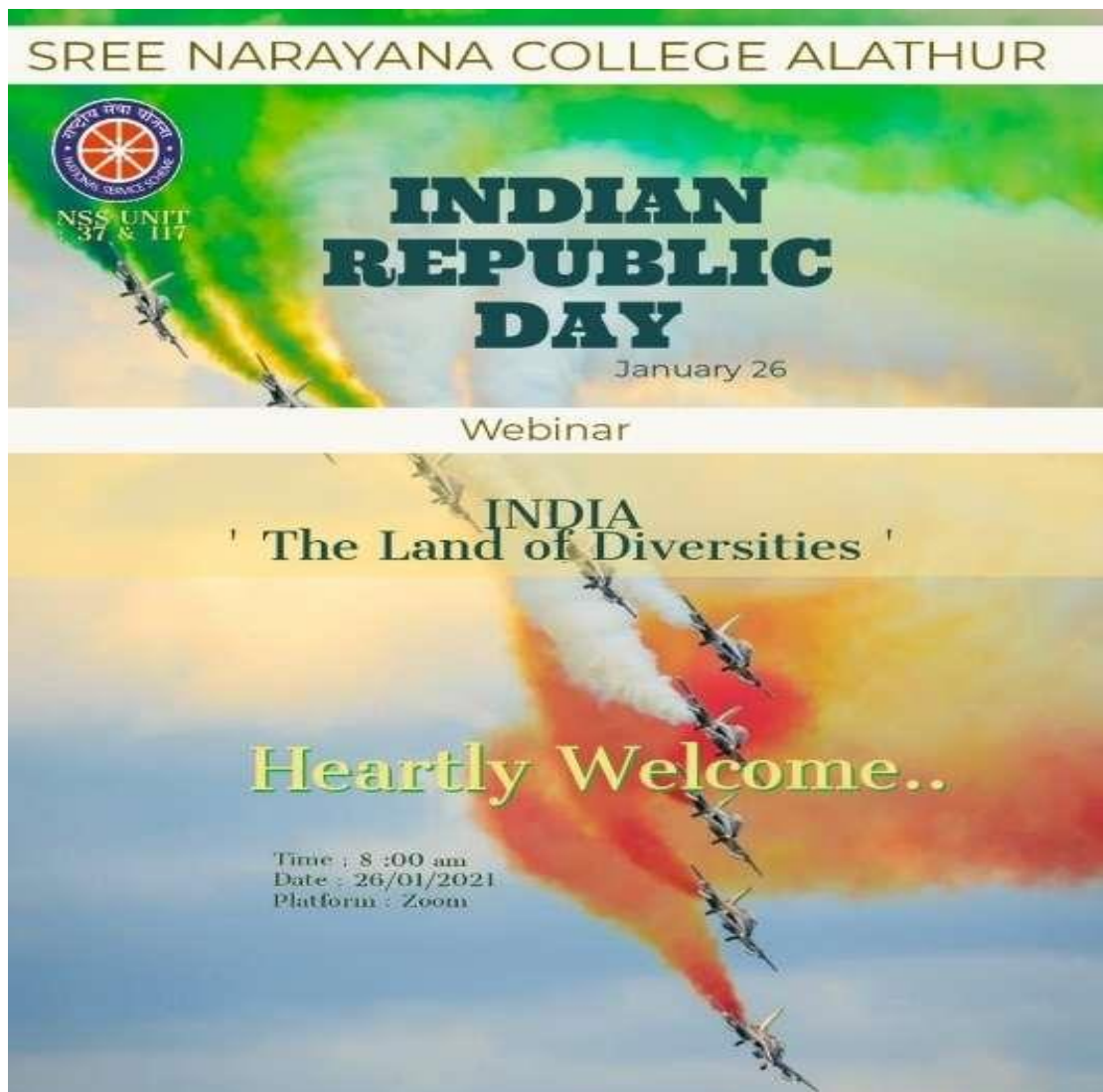
NSS of our college participated a program ' DESHIYA POLIO NIRMAJANA YANJAM 2021 ' at Kavasery grama panchayath conference hall. On 30/1/2021. The orientation class started at 10 am

Kudumbasree members, Aasha workers of Kavasery and 34 volunteers from our SN College were participated. It was a class on polio vaccination. The purpose of this class was also to help them understand how polio drops can be given during this corona period

By the end of the program everyone was ready to give up Polio. It was a very useful class.NSS of our college participated a program ' DESHIYA POLIO NIRMAJANA YANJAM 2021'. 13 groups of 13 Aasha workers and 34 volunteers set out to vaccinate against polio at various located. The program took place on days 1-2-2021 & 2-2-2021.

The work was to mark the houses and give them to mark the houses and give them to those who did not get Polio. 1368 houses were completed first day and 813 houses on the second day.

Everyone sincerely completed their work.



FEBRUARY

As part of the monthly programs during the academic year 2021-22 organized by **National Service Scheme(NSS)**unit 117&37 of **SREE NARAYANA COLLEGE ALATHUR**, the volunteers have conducted 2 major programs in the month of February 2021 on virtual mode. The programs were named as “**Speak Young with CM**” and “**Career Guidance Seminar**” conducted under the supervision and guidance of program officers **Dr.S.Dhiva** and **Mr.Jiju.KR.**

The details of the programs are detailed below:

SPEAK YOUNG WITH CM (12-2-2021)

NSS of our college were participated on the program "speak young" on 12february 2021 at 4:30 pm at Vadakkencherry and Palakkad. The program wasinaugurated by Sri. PINARAYI VIJAYAN (chief minister of Kerala). Throughthe program we saw the changes of Kerala that happened in the past fiveyears.The program was completely useful and we got a great opportunity to speakour opinion about "what changes that we want to see in Kerala". The programwas really amazing with complete participation of members till the end ofthe program and we made it a successful one.

CAREER GUIDANCE (20-2-2021)

NSS students of our college were participated on the program “Career Guidance Seminar” on 20 February 2021 on 10 am at P. K Higher Secondary School Mannapra. The session was inaugurated by principal of P. K. H. S. S, Sudhanya mam. The session was conducted by NSS volunteers of our college on behalf of our NSS Program officers Dr.(prof.)Ragunath Parakkal. About 60 students were participated from 10th and 12th Classes. This career guidance class give them a way to explore and Plan for their feature. This help them to acquire the knowledge, Information, skills, and necessary way to identify their career option. It was ended very well with complete support of all the members of the program. We made it a successful one.





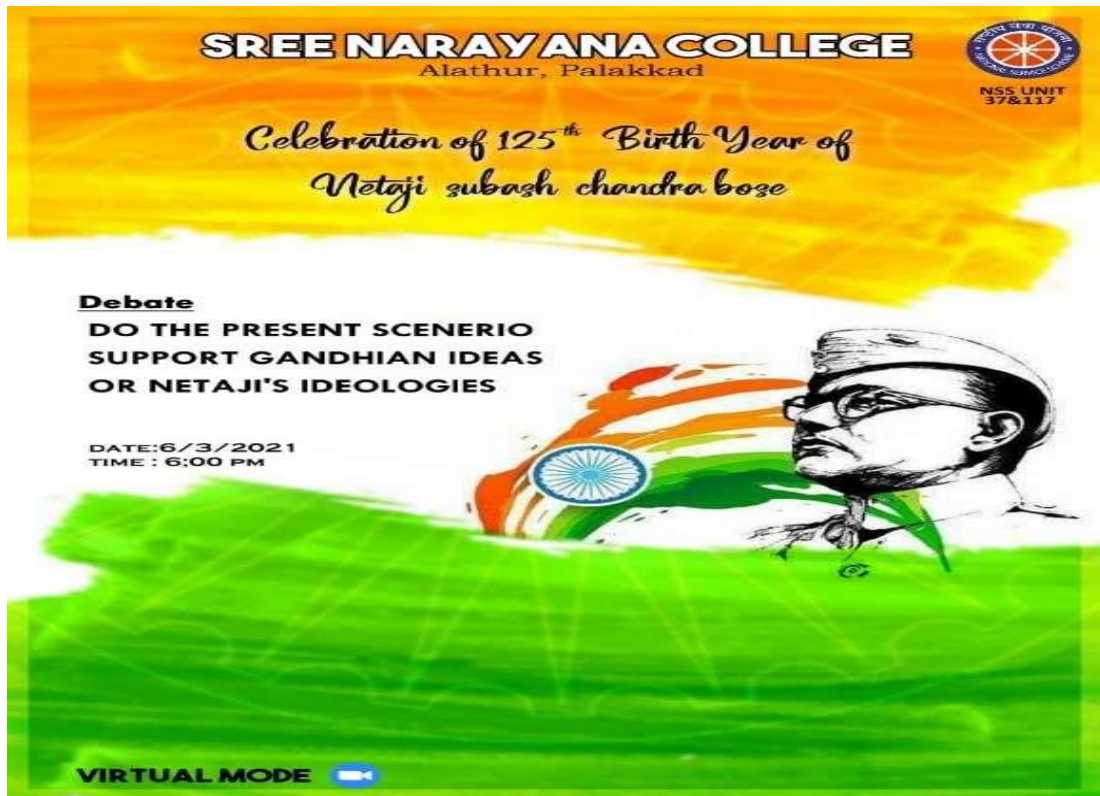
MARCH

As part of the monthly programs during the academic year 2021-22 organized by National Service Scheme(NSS)unit 117&37 of SREE NARAYANA COLLEGE ALATHUR, the volunteers have conducted 3 major program in the month of March 2021 on virtual mode. The programs were named “Debate Of Gandhian Ideas and Nethaji's ideologies”,”Webinar of NammukuChuttumullaSanthosathinteidangal”, and “Sathmyam” conducted under the supervision and guidance of program officers Dr.S.Dhiva and Mr.Jiju.KR.

The details of the programs are detailed below:

DEBATE OF GANDHIAN AND NETHAJI'S IDEOLOGIES (6-3-2021)

NSS of our college has conducted "Do the present scenario support Ghandhian ideas and Netaji's ideologies" debate on March 6th in connection with the celebration of 125th birth year of Netaji Subash Chandra Bose. The session was moderate by Midhul and Abhinaya, NSS Volunteers of our college. Debate was conducted at evening 6.00 pm in virtual mode on behalf of our NSS program officers Dr. S. Dhiva ma'am and Jiju Sir, and all NSS volunteers. The session was completely knowledgeable that gave the different ways of our life, violence and non-violence methods. Gandhi follows the non-violence method and Netaji follows the violence method, but both of them tells how to strive to achieve our freedom. And both of them gives a glorious message of our life. The session was absolutely dazzling with the complete support of all members till the end of the program.



SAATHMYAM (13-3-2021)

Our College NSS representatives participated a programme "SAATHMYAM" district level leadership camp for volunteers and orientation programme for PO's on 13 March 2021 in Mercy College Palakkad. The program was inaugurated by V K SREEKANDAN MP of our Palakkad & the main chief guests are Brahma Nayakan Mahadevan & Dr. C R Ajithsen. The program was started a patriotic song. Then the program session was started the chief guest Brahma Nayakan Mahadevan sir & the session was knowledgeable that gave valuable points. What is a leadership quality means? And the best answer to tell Leadership quality is the quality that seems to be something everyone enjoys imitating on their idea or action. And many activities was humor & a wonderful moments on the session. There was great enthusiasm among the volunteers & they were looking highly spirited. The students were really encouraged by the positive feedback they got from everyone present. It was an unforgettable program. The program ended with the speech of the chief guest & the volunteers for making the program grand success. It was unique experience to be there we participated the program to conduct in this Covid 19 time with complete participation of the NSS Volunteers.

NAMUKK CHUTTUMULLA SANTHODHATHINTE EDAGAL (13-3-2021)

NSS of our college has conducted "Namukkchuttumullasandhoshathinteedangal" webinar on March 13th in connection with Women's day 2021. The session was conducted by SimithaLenish, Asst. Professor Naypunya College Thrissur. Webinar was conduction at evening 6 pm in virtual mode on behalf of our NSS Program Officers Dr. S. Dhiva and Mr.Jiju, and all NSS Volunteers.The session was completely knowledgeable that gave values about our own life. She made us know about who we want to be and what we must know to lead a happiest life. After being surrendered to online life in this covid-19 time wiped all the happiness that lived around us. She just recreated all that memories lied within us. Session was really beautiful with complete participation of all members till the end of the program.

SREE NARAYANA COLLEGE
Alathur ,Palakkad

SIMITHA LENISH
ASST. PROFESSOR
NYPUNYA COLLEGE PONGAM KORATTI,
THRISSUR

നമുക്ക് ചുറ്റുമുള്ള
സന്തോഷത്തിന്റെ ഇടങ്ങൾ

WEBINAR

13 | **2021** TIME
MARCH 6:00 PM

#choosetochallenge



NATIONAL CADET CORPS
27(K) BN NCC Palakkad



Sree Narayana College Alathur

Annual Report

2020-21

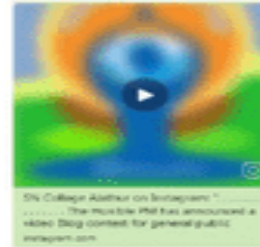
Our strength

- Total number of cadets **160**
 - First year
 - SD 25
 - SW 23
 - Total 48
 - Second year
 - SD 32
 - SW 24
 - Total 56
 - Third year
 - SD 34
 - SW 22
 - Total 56

International Yoga Day

— Cadets of this Unit participated in video Blog contest with hashtag **#MyLifeMyYoga.**

1. AJALJITH.J KL 19 SDA 175921
2. SANIKA.S KL18/SWA/175883
3. ANUSREE R KL19/SWA/175802
4. KEERTHANA.K KL19/SWA/175791
5. REGHA.P R KL19/SWA/175806
6. SHILPA.V J KL19/SWA/175804
7. ANJANA.T S KL19/SWA/175785
8. ANUPRIYA.U B KL19/SWA/175798



Instagram link for vide blog by AJALJITH.J (KL 19 SDA 175921)
https://www.instagram.com/tv/CBb9irdByVt/?igshid=11b47Iz_onbzmu

Social media platform to raise awareness about Covid19

- https://www.instagram.com/p/B_CG3CvFuUg/?igshid=fs1lwsyorcv3



A Salute to all brave soldiers of the Indian Armed Forces who laid down their lives fighting for our nation

<https://www.instagram.com/p/CDFm-y2h2bQ/?igshid=1nwx2885berv7>



Plastic free Earth Campaign



PAKWADA 2020 Tree plantation



organized a remarkable tree plantation in their home area along with their parents, relatives and neighbors

PAKWADA 2020 Tree plantation

<https://www.instagram.com/tv/CDLFBQKBZRo/?igshid=15ie60oyz26ch>



Community Development & extension Programme

- Poster making competition



Sarika S,
2nd year B.Sc. EWM student
is selected as the winner.

FIT INDIA CAMPAIGN

F
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Donation of Sanitizer to the college

• by the cadets

➤ Ranjith R SUO
KL18/SDA/175859

➤ Muhammed Mustafa
CQMS
KL18/SDA/175869



SWACHHTA PAKWADA

NUMBER OF CADETS PARTICIPATED

SL No.	DATE	ACTIVITIES CONDUCTED	NUMBER OF PARTICIPANTS	REMARKS
1	5/12/2020	INAUGURATION OF THE EVENT THROUGH CONDUCTING WEBINAR	99	
2	6/12/2020	PERSONAL HYGIENE DAY (POSTER MAKING, ESSAY WRITING)	29	
3	7/12/2020	AWARENESS RALLY	95	
4	8/12/2020	STATUE CLEANING (GURUMANDIRAM)	144	
5	9/12/2020	HAND WASH DAY	25	
6	10/12/2020	PARK CLEANING	15	
7	11/12/2020	BLOTTING	22	
8	12/12/2020	CLEANING OF WATER BODIES	6	
9	13/12/2020	SEMINAR: PLASTIC WASTE MANAGEMENT (online)	50	
10	14/12/2020	WALL PAINTING/PAINTING COMPETITION	17	
11	15/12/2020	PRIZE DISTRIBUTION		

STATUE CLEANING



- Total Number of Cadets Participated: 144
- Date: 8/12/2020

Plogging



Water body cleaning



WALL PAINTING/PAINTING COMPETITION



HOSTED CADRE CAMP FOR B & C CERTIFICATE



SOLDIER TECHNICAL
BAN/CAL/ST/250421/39630

Achievements



SOLDIER TDN
BAN/CAL/TM/250421/54700



SOLDIER TECHNICAL
BAN/CAL/ST/250421/39808

Online Camp Participation



Name: ASWATHI V
Rank: Cadet
Camp name: EBSB 6th Phase
Directorates: Madhya Pradesh & Chattisgarh Dte with ESE Dte
Date: Scheduled from 22nd March to 27 March



Name: NANDHACUMAR N
Rank: LCPL
Camp name: EBSB 7th phase
Directorates: Maharashtra Dte with K&L Dte
Date: Scheduled from 18th April to 21st April



Name: Gokul P
Rank: SGT
Camp name: EBSB
Directorates: Gujarat Dte with K&L Dte
Date: 24 th Sep-2020 to 30 th Sep-2020

WORLD ENVIRONMENT DAY

The programme was conducted on 05th June 2021 by NCC corps of SN college Alathur 27(K) BN NCC Palakkad. All the cadets of NCC were planted plants in their houses in accordance to world environment day.

Video: https://www.instagram.com/tv/CPuEOWwl0rx/?utm_medium=copy_link

CHILDRENS DAY PROGRAMME

The programme was conducted on NOVEMBER 14 CHILDREN'S DAY by NCC corps of SN college Alathur 27(K) BN NCC Palakkad . School visit, Tree plantation and Sapling plantation were efficiently coordinated under the guidance of ANO Lt. Dr. J Shereena. Active participation of 36 cadets were recorded in the event. The venture was successfully coordinated with the distribution of tree saplings to the students with an aim to inculcate a sense of comprehension for the nature in the children at this very young age. The presence of school authorities and teaching staff made up the venture to the full.

The Anti Plastic Rally

The Anti Plastic Rally programme was organized by NCC corps of SN college Alathur 27(K) BN NCC Palakkad on NOVEMBER 17 with a motive to clean up the nearby surroundings. The Karuna upper primary school was selected for the event. Tree plantation and anti-plastic rally was efficiently coordinated under the guidance of ANO Lt. Dr. J Shereena. Active participation of 58 cadets were recorded in the event. "Way to green and Clean up your premises" were selected as the slogan for the event.

TREE PLANTATION

The programme was conducted in accordance with the 73rd NCC DAY CELEBRATIONS on 28th NOVEMBER 2021. The Programme was successfully conducted by the active participation of 160 cadets of SN COLLEGE ALATHUR. The programme was organised with an aim to plant 1000 trees to save the planet. The program was a successful venture through the plantation of 1368 plants throughout the district. The guidance of ANO Lt. Dr. J SHEREENA and commitment of cadets made up the event.

FOOD DONATION PROGRAMME


Principal
Sree Narayana College, Alathur
Palakkad- 678 682, Kerala

The programme was conducted in accordance with the 73rd NCC DAY CELEBRATIONS on 30th NOVEMBER 2021. The compiled contribution of NCC CADETS and authority of S N COLLEGE ALATHUR made this venture.

Programme was successfully conducted under the surveillance of Dr.R.BINDU PRINCIPAL S.N. COLLEGE ALATHUR and ANO Lt.Dr.SHEREENA J. 32 cadets actively participated in the FOOD donation programme. The program got hitched with the active participation of all cadets of the whole company. We were able to distribute more than 100 meals in a single day through the compiled efforts.

BLOOD DONATION PROGRAMME

The programme was conducted in accordance with the 73rd NCC DAY CELEBRATIONS on 3rd DECEMBER 2021 by NCC corps of SN college Alathur 27(K) BN NCC Palakkad . The compiled contribution of FHC Kavasseri and Blood bank Palakkad made up the entire event.

Programme was successfully conducted under the surveillance of ANO Lt.Dr.SHEREENA J. 46 cadets actively participated in the Blood donation programme. The programme got hitched with the active participation of teaching and non-teaching staffs of our college along with the cadet's contribution.

FUND RAISING CAMPAIGN

The NCC cadets of SN College ALATHUR had organised a fund raising campaign for one of our cadet enrolled under the 27(K) Bn NCC PALAKKAD Cdt Mridul K studying in 9th std ASMMHSS ALATHUR, who immediately wanted a Bone marrow transplantation. The compiled efforts of the cadets and the appreciable contribution from the side of authority of S N COLLEGE ALATHUR made us enough to donate an amount of Rs 17,592 for his treatment. The fund raising campaign was quickly and efficiently organised within a short span of time considering his condition and urge for the fund.

WORLD ENVIRONMENT DAY

On 5th June 2021, following the "World Environment day 2021"; Our NSS unit of Sree Narayana College, Alathur has prepared two videos and conducted a virtual meet session. We participated in a live session conducted by "Green Kerala Mission", inaugurated by Sri. A.K.Shasheendran, Forest Minister, Kerala. The session was very useful, we got new program ideas. Three programs are mentioned below :


Principal
Sree Narayana College, Alathur
Palakkad-678 682, Kerala

I, MY HOME GREEN HOME

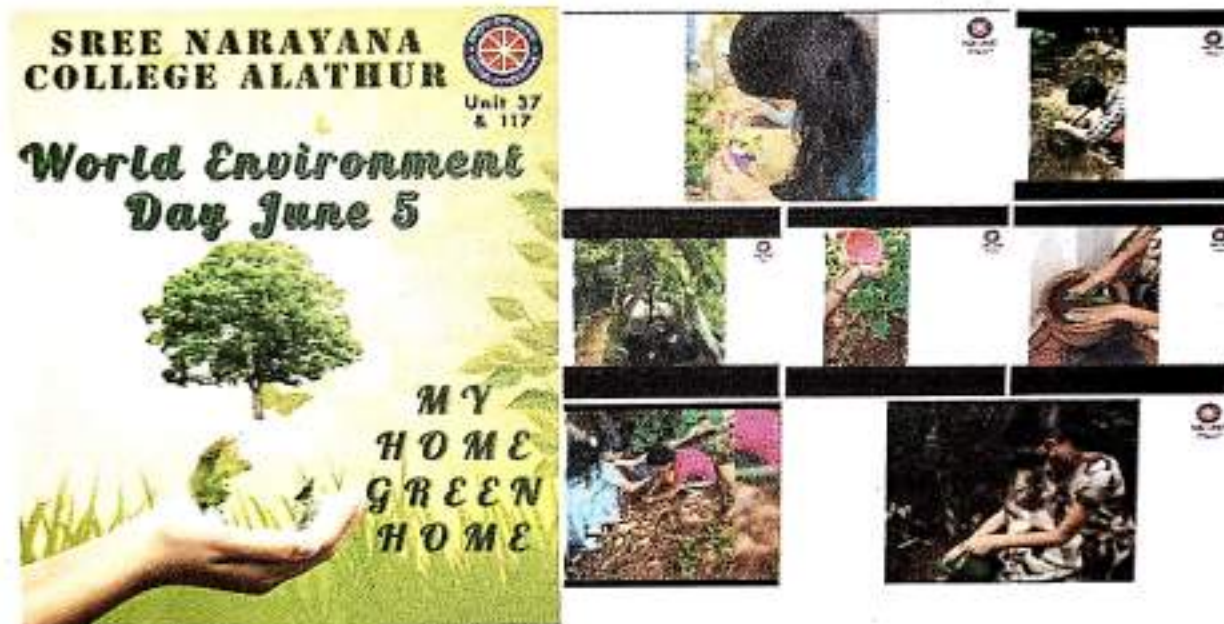
We prepared a short video conveying the message of protection of nature in our own home. 95 volunteers were actively participated in it.

YouTube video link : <http://youtu.be/byXZwtLTjy8>

, BE THE SOLUTION; NOT THE POLLUTION

We prepared a short video including the pictures and videos of polluted areas in our locality. We tried to make out the reason behind the pollution and their impacts on nature. It includes measures to create awareness and control pollution. 60 volunteers were part of this.

YouTube video link : <http://youtu.be/6vCotcSlqc>



GREEN CLEAN KERALA MISSION

NSS Units 37 & 117 of Sree Narayana College Alathur, Palakkad has participated in the **Green clean Kerala Mission** of Kerala state government initiative. The **GCEM** Foundation is a voluntary organization formed to save the Earth from disaster and to do a charitable work, to improve the basic needs of man. The Green Clean Kerala Mission was inaugurated in state level by the Minister of Forests,

Kerala, **Sri AK Sasindran**, on June 5, 2021, World Environment Day, with the aim of donating UNEP United Nations Environment Program), for the protection of one crore saplings from Kerala as part of this organization. The district level inauguration was done

P. Bireln
Principal
Sree Narayana College, Alathur
Palakkad- 678 682, Kerala

by **Smt Sai Swetha** (teacher and Victors channel fame) on 15th July 2021 on virtual platform. **Sri Kalyana Krishnan** (Haritha Kerala Mission district Coordinator) was the chief guest of the same.

NSS (unit 37 & 117) volunteers of Sree Narayana College Alathur had planted 6189 tree saplings from June 5 to August 8. The collective participation of all the volunteers gave way to a massive victory with second position in Kerala State and first position in Palakkad district. The college has also participated in Short Film making competition, poster making competition, garden making competition and message contest organized by Green Clean Kerala Mission. Short film created by the volunteers had uploaded in college official YouTube channel. Prabitha, a NSS volunteer of the college has won a gold coin in the YouTube comment lucky draw competition. Many other volunteers have also won tree saplings rewards for the same.

Green Clean Kerala introduction Link: <https://youtu.be/3BZmEYwCC5g>

Short film link: <https://youtu.be/aAsgSJUUIYw>

News Report about : <https://youtu.be/SaMGloNp4kk>



Awareness class on Dowry Prohibition Act

R. Bireesh
Principal
Sree Narayana College, Alathur
Palakkad-678 682, Kerala

In association with District legal service society Palakkad, NSS volunteers of units 37 and 117 of Sree Narayana College Alathur conducted awareness class on Dowry prohibition act .This was conducted on 19/07/2021 at 2.30 pm via online mode.The programme was inaugurated by Adv.Anupama V.G (Sub Judge, District legal service society Palakkad).The awareness class was taken by Vijaya K(Advocate ,Palakkad).Total of 25 students,teachers and parents were attended the class.



ജില്ലാ ലീഗൽ സർവീസസ് അതോറിറ്റി, പാലക്കാട്
SN കോളേജ്, ആലത്തൂരിലെ NSS
വിദ്യാർത്ഥികൾക്ക് വേണ്ടി സംഘടിപ്പിക്കുന്ന
ബോധ വൽക്കരണ ക്ലാസ്സ്

അവതരണം



ശ്രീമതി. വിജയ. കെ
അഡ്വക്കേറ്റ്, പാലക്കാട്

19/07/2021

2:30 PM



ഉദ്ഘാടനം



ശ്രീമതി. അനുപമ വി ജി
സെക്രട്ടറി (സബ് ജഡ്ജ്)
ജില്ലാ ലീഗൽ സർവീസസ് അതോറിറ്റി,
പാലക്കാട്

വിഷയം :- സ്ത്രീധന നിരോധന നിയമം,
ഗാർഹിക ചീഡന നിരോധന നിയമം.

R. Binu

Principal
Sree Narayana College, Alathur
Palakkad- 678 682, Kerala

Meeting link :- <https://meet.google.com/vqw-vwtv-hyf>

FREEDOM RUN 2.0 [AZADI KA AMRUT MAHOTSAV FIT INDIA]

In association with Nehru Yuva Kendra Palakkad, NSS volunteers of NSS Units 37 & 117 of Sree Narayana College Alathur participated in Fit India Freedom Run 2.0 in connection with Azadi Ka Amrut Mahotsav. The Freedom run which was conducted on 2021 September 4th was Inaugurated and Flagged off by MP V K Sreekandan at Raktasakshi Mandapam Kottaimaidanam Palakkad at 8 AM. A pledge was owed by Dr Bal Preet Singh IAS, Sub collector Palakkad. Freedom Run ends at Sabari Asramam Akathethara. A Valedictory function and Freedom Quiz was organized in association with Field Outreach bureau Palakkad. Valedictory Address was delivered by MLA Shri A Prabhakaran. The video of the freedom run was uploaded in the official YouTube channel of Sree narayana college Alathur

The you tube link is : <https://youtube.com/shorts/bz4jh-En99U?feature=share>





Government of India
Ministry of Youth Affairs and Sports

Nehru Yuva Kendra Palakkad
National Service Scheme

Azadi Ka Amrut Mahotsav
FIT INDIA Freedom Run 2.0
04th September 2021, Palakkad




08:00 am : Raktasakshi Mandapam, Kottaimaidanam
Fit India Freedom Run starts and ends at
Sabari Asramam, Akathethara

09:30 am : Sabari Asramam, Akathethara
Valedictory Function & Freedom Quiz
in association with
Field Outreach Bureau, Palakkad

You are cordially invited

M. Anandhan
NSS Unit In-charge

PROGRAMME
04th September 2021, Palakkad

08:00 am Raktasakshi Mandapam, Kottaimaidanam

Invocation Address : Sri. M. Anandhan
NSS Unit In-charge, NSSU

Presidential Address : Sri. Priya Ajayan
Chairperson, Palakkad Municipality

Inaugural Address &
Flag-off : Sri. V.K. Sreekandan Member of Parliament

Pledge : Dr. Bal Preet Singh IAS
Sub Collector, Palakkad

Key note Address : Sri. I. Kalidasan
Vice Chairman, Palakkad Municipality

Vote of Thanks : Sri. Sreejith. S

Freedom Run from - Raktasakshi Mandapam, Kottaimaidanam - Kottaimaidanam -
Sree Narayana College - Sri Junction - Muthukrishnan - Sabari Asramam

09:30 am Sabari Asramam Akathethara

Valedictory Function & Freedom Quiz
in association with
Field Outreach Bureau, Palakkad

Presidential Address : Sri. Senthil Kumar Muthukrishnan

Valedictory Address : Sri. A. Prabhakaran MLA

Felicitation : Sri. Muhammed Saleek
District Education Officer, NSS
Sri. M. Anandhan
Field Outreach Officer, Palakkad

Vote of Thanks : Sri. N. Karayakaran
NSS Unit In-charge

R. Binu
Principal
Sree Narayana College, Alathur
Palakkad- 678 682, Kerala



R. Rinebn
Principal

Sree Narayana College, Alathur
Palakkad- 678 682, Kerala

HIV awareness class

On 30th september 2021, Our NSS unit 37 & 117 of Sree Narayana College, Alathur has conducted HIV awareness to volunteers of NSS. The class was led by REV. Fr. Ligin varkey Philip vicar (former project coordinator HIV -AIDS community care centre under national aids control organization) via google meet. 25 students were attended the class.



R. Binu
Principal

Sree Narayana College, Alathur
Palakkad-678 682, Kerala

CLEAN INDIA [AZADI KA AMRUT MAHOTSAV]

Our volunteers participated in clean India program of Azadi ka Amrut Mohotsav. 30 volunteers addressed their great participation to this program. Related to this event volunteers cleaned vadakancherry and Alathur town. The program was very successful with well participation of volunteers.

News report link : <http://youtu.be/kY-6gpU5j6A>

Volunteers went for health survey based on life style diseases on adopted village.

Information regarding lifestyle, food, occupation etc were collected.



GOAT WAS HANDOVERED-10 00 AM

A goat was hand over by the NSS volunteers to Susbeela (D/o late Chinnammu, Kizhakkethara, thennilapuram, 678682 Kavassery PO) of kavasseri panchayat in the presence of program officers Dr S Dhiva, Divya ,IQAC coordinator Devadas and principal Dr R Bindu.

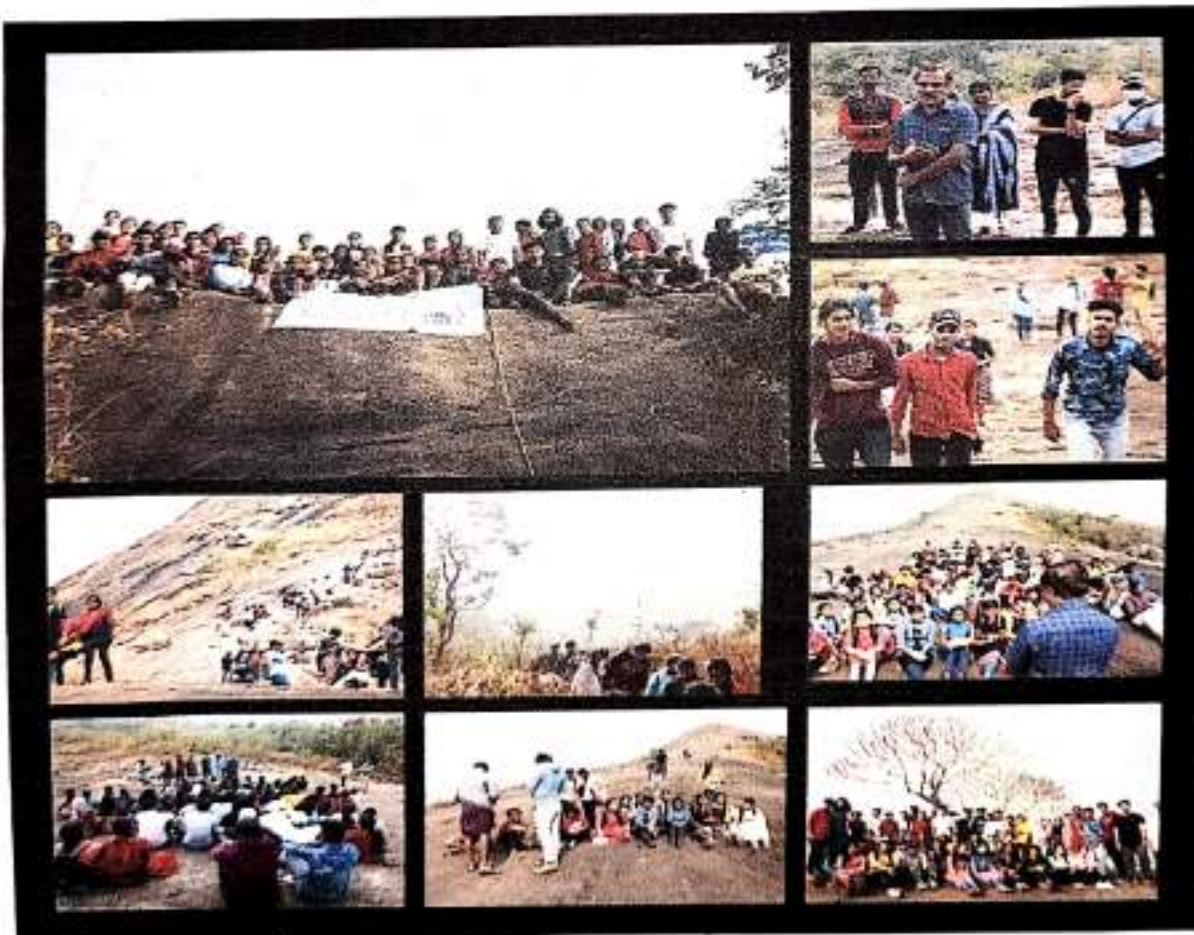
Main motive of the day was to support a family by some means to enhance the financial security. Gifting a goat strengthens the financial stability of the family and continuing this further like a chain in the panchayat upgrades the overall wellbeing of the panchayat particularly the families involved. Directly involving


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in promoting a family rise themselves, helps understand the pulse of needy and thereby upgrading our fellow beings.

VEEZHMALA HIKING

On 17th February NSS Volunteers of Sree Narayana College, Alathur got an opportunity for hiking on Veezhmala as a part of "Training of youth in Wellness and Positive Life style and Fit India" organised by NYK and BODHI centre Alathur. Trucking began at 6.30 AM and we reached the mountain top by 10.00 AM and had a meditation there. At the end of our trucking we had an awareness class by the superior forest officer about forest fires. We reached BODHI centre by 11.30AM and the inauguration was successfully done by K.D Prasenan MLA. We had a live session in the afternoon. At the end of the session volunteers shared their experience about the program. The program was held under the supervision of NSS program officers DR.S.Dhiva & Divya.H.



P. Binu
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Palakkad-678 682, Kerala

A talk on :- Gender Justice and Culture

Gender forum of Sree Narayana College, Alathur organizes a talk on 'GENDER JUSTICE and CULTURE'. The talk was given by Vijayarajamallika (Transgender poet and 2019 yuva prathibha awardee) on 17/03/2022 at 10:00 am in Gurukripa hall. 45 students were attended the session.

MID-DAY MEAL PROGRAM

Our college conducted a Mid-day meal Program. The event was started by our senior volunteers then it's continuing till now. 200 volunteers served 200 days a meal for 200 people who aren't even able to get one time meal. We done all this under the guidance and supervision of our program officers Dr.S.Dhiva and Shivya.H . And the program continuous. The program was very successful with great participation of all NSS volunteers and we took a pledge to continue this programme.



R. Binu
Principal
Sree Narayana College, Alathur
Palakkad- 678 682, Kerala

SPARSHAM

The anti-drug campaign jointly organized by the National Service Scheme, Government of Kerala and the Kerala Excise Department during our 7day residential camp on 2021 December. Four programs were conducted a flash mob, poster making competition, candle lit, awareness class. **Due to our percevarence and hardwork we got first place in district level.** First program starts at 6 pm and it is the anti-drug awareness class led by Alathur Excise officer Usha.T.B . The session mainly concentrated on the Influence of drugs among the youth . It was a good interactive session. Usha mam conveyed many information regarding Influence of Drugs among Youth through a interesting way. After the session everyone was aware the importance of the current issues due to drugs. We are all now say no to drugs because of Usha mam. After the session there was a flash mob conveying say no to drug. we also conducted conducted a poster making competition on the topic SPARSAM (say no to drug).All the programs are conducted under the supervision of NSS program officers Dr.S Dhiva and Divya.H



R. Binu
Principal
Sree Narayana College, Alathur
Palakkad- 678 682, Kerala

Beyond the campus environmental promotion

activities: 2017-2018

1. TRAFFIC AWARENESS PROGRAMME 18/08/2017

A traffic rule awareness programme was organised in association with Alathur Police station. Programme was inaugurated by S.I. Binoy G. Programme was co-ordinated by Dr. Araty



Sasikumar. Students gifted sweets to those who abide traffic rules, others were given messages about rules.

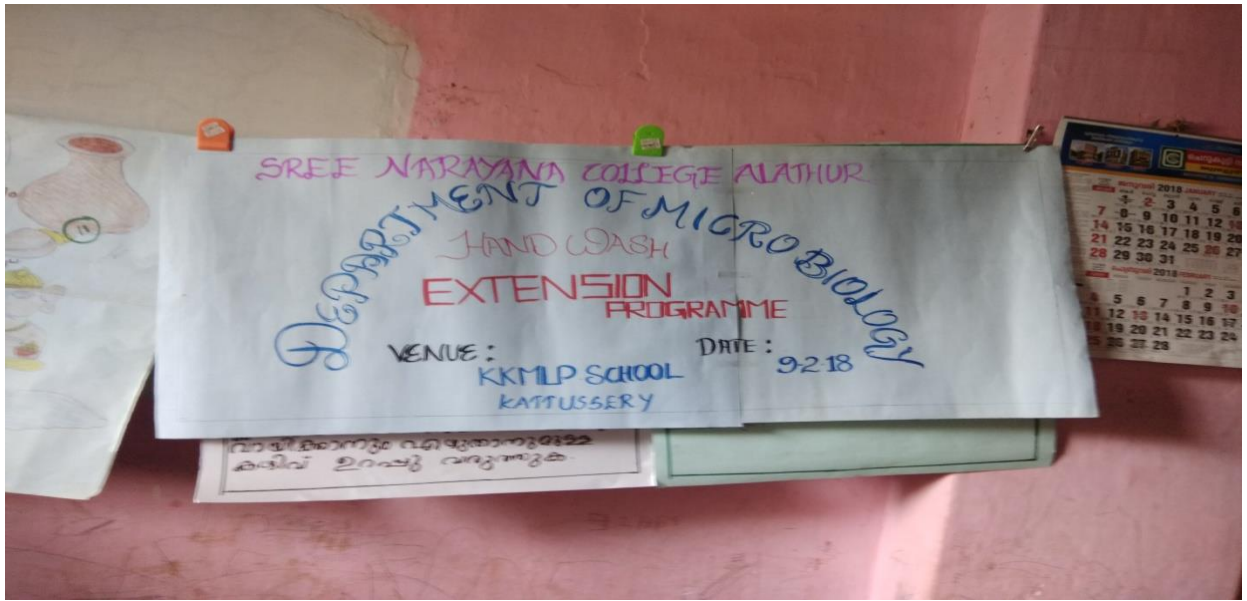
2. BOOKS DONATED TO LP SCHOOL LIBRARY, ERATTAKKULAM – 09/02/2018

As part of the social cum extension activities of the Department of Commerce, II yr B.Com students gathered books related different subject areas and donated the collected books to the nearby L P School at Erattakkulam on 09-02-2018.



3. World Hand wash day – 09/02/2018

World hand wash day was celebrated in KKMLP school, Kavasery on 09 February 2018 to create awareness among the children about the importance of Hand washing, what all the diseases which spreads through improper hygiene, etc., were done.







Beyond the campus environmental promotion

activities: 2018-2019

1. Seedling distribution on 10/07/2018

In order to give awareness to the students about the vegetable garden and cultivation of pesticide free vegetable farming Botany Department have conducted a seedling distribution programme to the students of Karuna LP School Thennilapuram. A vegetable garden was created in the college campus as well as in the school to aware the students and parents about the need of bio-farming as well as the need to avoid pesticides and chemical fertilizers. Awareness was made to convert the kitchen waste as well as the food waste to fertilizers which are not harmful to the nature.





Beyond the campus environmental promotion

activities: 2019-2020

- 1. ANTIFILARIAL MOVEMENT IN COLLABORATION WITH DISTRICT HEALTH SERVICE – 03-07-2019**



B. Sc. Zoology students participated in the ant-filarial movement to raise awareness about mosquito borne- disease, preventive measures and cure. It was organized by Palakkad district health services. Students prepared placards for public display.

1. BEAT PLASTIC POLLUTION – RALLY





Department of Zoology in association with NCC & Biodiversity club conducted an awareness rally on theme 'Love Plastic- Beat pollution'. Students distributed cloth bags prepared by them which were painted with slogans on environment protection.



CLOTH BAG PREPARATION & DISTRIBUTION

പ്ലാസ്റ്റിക് വിരുദ്ധ റാലി

പാലക്കാട്: ആലത്തൂർ ശ്രീനാരായണ കോളജിലെ എൻ.സി.സി യൂണിറ്റിന്റെയും ജന്തുശാസ്ത്ര വിഭാഗത്തിന്റെയും നേതൃത്വത്തിൽ പ്ലാസ്റ്റിക് വിരുദ്ധ റാലി സംഘടിപ്പിച്ചു. ആലത്തൂർ ഡിവൈ.എസ്.പി കെ.എം. ദേവസ്യ ഫ്ലോഗ് ഓഫ് ചെയ്തു. പ്ലാസ്റ്റിക് വിരുദ്ധ പ്രതിജ്ഞയും റാലിയും നടന്നു. വിദ്യാർത്ഥികൾ പ്ലാസ്റ്റിക് വിരുദ്ധ മുദ്രാവാക്യങ്ങളെഴുതിയ തൂണിസഞ്ചികൾ പൊതുജനങ്ങൾക്ക് വിതരണം ചെയ്തു. അസോസിയേറ്റ് എൻ.സി.സി ഓഫീസർ ഡോ. വി. വിൽസാനന്ദ്, അധ്യാപകരായ ഡോ. ആരതി ശശികുമാർ, എം. അഹ്മദുൽ സീന, ജി. ദീപ്തി എന്നിവർ നേതൃത്വം നൽകി.

പ്ലാസ്റ്റിക് വിരുദ്ധ റാലി നടത്തി

ആലത്തൂർ • ശ്രീനാരായണ കോളജിലെ എൻസിസി യൂണിറ്റിന്റെയും ജന്തുശാസ്ത്ര വിഭാഗത്തിന്റെയും നേതൃത്വത്തിൽ പ്ലാസ്റ്റിക് വിരുദ്ധ റാലി നടത്തി.

ഡിവൈഎസ്പി കെ. എം. ദേവസ്യ ഉദ്ഘാടനം ചെയ്തു. പൊതുജനങ്ങൾക്ക് തൂണിസഞ്ചികൾ വി

തരണം ചെയ്തു.

അസോസിയേറ്റ് എൻസിസി ഓഫീസർ ലഫ്റ്റനന്റ് ഡോ. വി. വിൽസാനന്ദ്, അധ്യാപകരായ ഡോ.ആരതി ശശികുമാർ, എം. അഹ്മദുൽ സീന, ജി.ദീപ്തി എന്നിവർ നേതൃത്വം നൽകി.

**2. Awareness on Harmfulness of Plastic at Kudumbasree unit -
9.10.2019**

Awareness on Harmfulness of Plastic usage and burning were discussed to Kudumbasree Unit of Alathur Grama panchayat.





“Jalam geevamirtham” – 21/11/2019

An awareness on importance of Groundwater recharging was given to the public of Alathur Gramapanchayat on 21st November 2019 at 3.30

ജലം ജീവാമൃതം ഭൂഗർഭ ജല സംഭരണം ബോധവൽക്കരണ ക്ലാസ്സ്



ഡോ. എസ്. ദിവ

(അസിസ്റ്റന്റ് പ്രൊഫസർ & മൈക്രോ ബയോളജി ഡിപ്പാർട്ട്മെന്റ് ഹെഡ്
എസ്. എൻ. കോളേജ്, ആലത്തൂർ)



ബിസ്മില്ലാ ഹൗസ്, കുനംപറമ്പ്, ആലത്തൂർ



2019 നവംബർ 21, വ്യാഴം, വൈകുന്നേരം 03:30

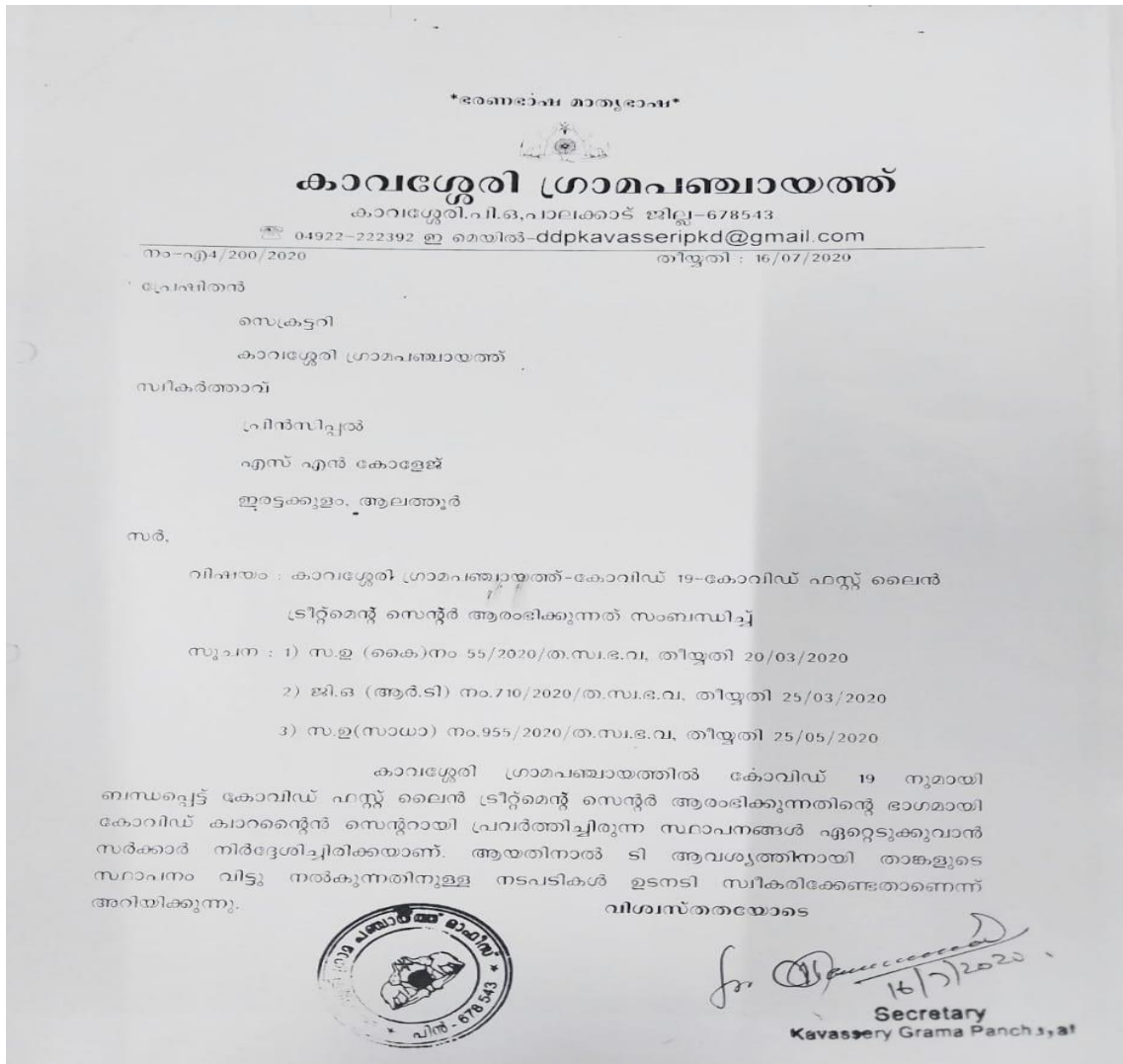
ഏവർക്കും സ്വാഗതം





Covid -19 FLTC for Kavassery Panchayath - 02-04-2020

The College hostel and classrooms have been used for FLTC for Kavassery Grama Panchayath from April 2020 to 15th of June 2020. Teachers Students and Alumnae have contributed 25000 rupees for buying Hand Sanitizers and Face Mask . Some of our teachers and Students worked as volunteers for the same



Mask Distribution drive

The main idea behind the purpose of this drive was to make aware the public about the need of wearing mask to protect them for the global pandemic Covid19. After lockdown there was the high shortage of mask in the market and was costly

too. To help poor and needy students' final year student of department of Botany have conducted a mask distribution drive among their family and friends' circle. The raw material used for the same was used cloths. They were collected washed well and stitched mask and distributed among the needy in neighbouring houses.

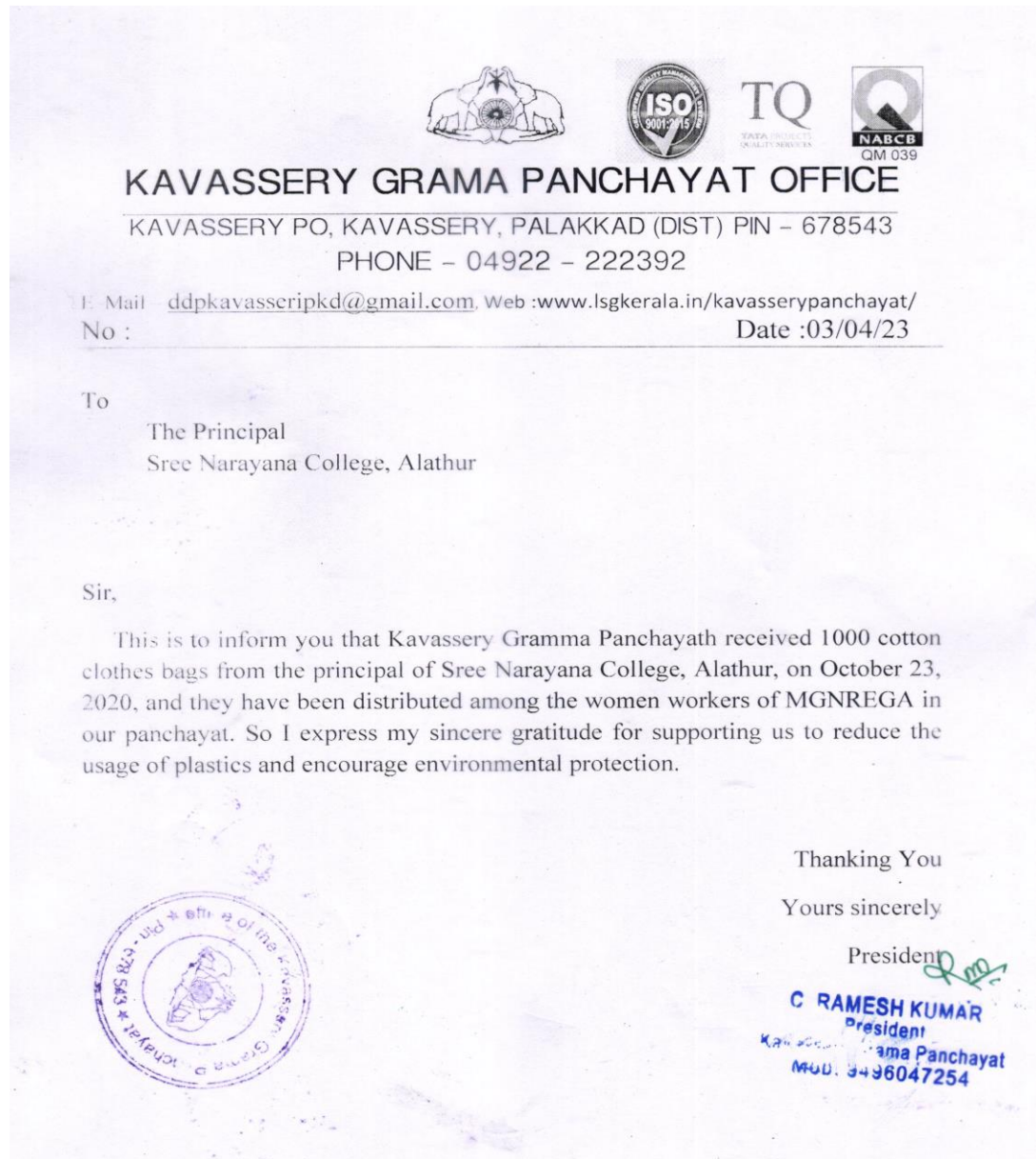


1. Cloth bag distribution for Kavassery Panchayath

20-06-2020

NSS Units of SN College Alathur distributed 1000 cloth bags for Thozhilurappu Women in Kavassery Panchayath in the covid pandemic period as part of

continuous anti-plastic campaign in association with ALUMNI Association -
Balance Sheet 1997-2000 Commerce batch.



KAVASSERY GRAMA PANCHAYAT OFFICE
KAVASSERY PO, KAVASSERY, PALAKKAD (DIST) PIN - 678543
PHONE - 04922 - 222392

E-Mail : ddpkavasseripkd@gmail.com Web : www.lsgkerala.in/kavasserypanchayat/
No : _____ Date : 03/04/23


To
The Principal
Sree Narayana College, Alathur

Sir,

This is to inform you that Kavassery Gramma Panchayath received 1000 cotton clothes bags from the principal of Sree Narayana College, Alathur, on October 23, 2020, and they have been distributed among the women workers of MGNREGA in our panchayat. So I express my sincere gratitude for supporting us to reduce the usage of plastics and encourage environmental protection.

Thanking You
Yours sincerely
President

C RAMESH KUMAR
President
Kavassery Gramma Panchayat
MOB. 9496047254



CLEAN INDIA [AZADI KA AMRUT MAHOTSAV]

16-10-2021 to 17-10-2021

Our volunteers participated in clean India program of Azadi ka Amrut Mohotsav. 30 volunteers addressed their great participation to this program. Related to this event volunteers cleaned Vadakancherry and Alathur town. The program was very successful with well participation of volunteers.

News report link : <http://youtu.be/kY-6gpU5j6A>



1. COLLECTION AND DISPERSAL OF WASTE AND CAMPAIGN AGAINST PLASTIC WASTE

The NCC cadets took part in Collection and Dispersal of plastic waste under Social service and community development activities for the academic year 2021-22 on 2nd November 2021. They collected about 20kg of plastic waste and handed over waste to the disposal unit working under Alathur Grama Panchayath.



2. WATER QUALITY ANALYSIS



Water quality analysis is also called hydro-chemical analysis. That is to use chemical and physical methods to determine the content of various chemical components in water. Water quality analysis can be divided into three types: simple analysis, complete analysis and special analysis. Water quality analysis of nearby wells, pond and quarry was conducted. Simple analysis was conducted which include estimation of dissolved oxygen, pH, temperature and dissolved Carbondioxide. It was found that phosphate and iron content was slightly higher but was under desired consumption limit.

3. A programme named 'Nooril Noor'(നൂറിൽ നൂറ്)

It was inaugurated by M.V. Rasmi Agricultural officer, Alathur. Dr. R. Bindu presided over the function. Vegetable Seedling were distributed among 100 students. Which aimed at distributing seeds of vegetables to 100 students and giving proper guidance and monitoring they were asked to cultivate those seeds in their respective houses. It promoted them the idea of IPM and organic farming and yielding 100 percent result.



4. BEAUTIFICATION DRIVE MAINTENANCE AND CLEANING OF SCHOOL BUILDING

17-11-2021

The NCC cadets took part in cleaning of the school compound under Social service and community development activities for the academic year 2021-22 on 17th November 2021. The school selected is Karuna Upper Primary School, Thennilapuram of Kavassery Panchayat Palakkad. They have participated in cleaning the school premises by removing the waste materials and ploughing. The cadets have maintained the garden in front of the assembly area of the school.



Azadi Ka Amrit Mahotsav

Sree Narayana College celebrates several events in connection with "Azadi Ka Amrit Mahotsav", the 75th jubilee celebration of India's independence. On August 15, the last day of the celebration, NSS members planted saplings in and around the campus, and they started a "Campus Radio Station". NCC cadets made a visual representation of Indian independence history, "My India, Our India".



MID-DAY MEAL PROGRAM

Our college conducted a Mid-day meal Program. The event was started by our senior volunteers then it's continuing till now. 200 volunteers served 200 days a meal for 200 people who aren't even able to get one time meal. We done all this under the guidance and supervision of our program officers Dr.S.Dhiva and

Shivya.H . And the program continuous.The program was very successful with great participation of all NSS volunteers and we took a pledge to continue this programme.

YouTube video link : <http://youtu.be/9SM6rUisrlE>







SREE NARAYANA COLLEGE ALATHUR

P.O. Erattakkulam, Pin – 678 682, Kerala, India
(Managed by the Sree Narayana Trusts, Kollam)
Affiliated to the University of Calicut.
Accredited by NAAC with 'B' Grade



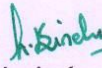
Estd. 1970

Dr. R Bindu M.Sc., Ph.D
Principal

Phone: 04922-222 391, 9037106329
Email: sncalathur1970@gmail.com

Date: 20.04.2023

All the above documents are correct and true to the best of my
knowledge.


Principal

